

HORNER ATHLETIC RULES AND STANDARD

PREAMBLE: These rules of eligibility have been established for the benefit of Horner Jr High Sports squads. If our school is to excel in interscholastic competition, we must first discipline our conduct and behavior as individuals; then as a team; then as a school.

An interpretation or a ruling is required, the line of responsibility: 1) the immediate coach, 2) the head coach, 3) the Athletic Director

GENERAL RULES

Attendance: An athlete must be in school the day of the contest and must also be in school the day before going to any special tournament or weekend activity

1. If an athlete is illegally absent, truant, suspended in or out of school, does not participate in physical education class for any reason is excused from school for more than 3 periods due to illness or doctor's appointment he/she may not participate in a sport activity that day whether practice or game (an exception could be made by the Athletic Director). An athlete is expected to report on time for school each day.
2. If a player becomes ill during the day or is not at school that day and cannot practice, it is their responsibility to notify the coach involved.

Any athlete who violates the state law regarding tobacco (i.e. possession, use, selling, giving) or who uses tobacco products, such as chewing tobacco or snuff, will be suspended for two contests on the first offense and removed from that sport for the remainder of that sport season for the second offense.

Any athlete in possession of, using, or trafficking in any controlled substance (drugs, alcoholic beverages) will be removed from the team and declared ineligible to participate in athletics for a period of ten school weeks in case of the first incident and ineligible for twenty school weeks following the second incident. The Athletic Director may recommend and alternate remediation.

Any athlete who is insubordinate in school during any practice session or game will be subject to disciplinary action by the coach or Athletic Director. The action may range from a warning to a suspension to dismissal from the team.

Behavior and Conduct of Athletes:

1. Horner Athletes are expected to display good sportsmanship and citizenship. Good school citizenship involves regular attendance and good conduct while in school. (physical alterations are considered poor school citizenship and reflects poor conduct) Athletes referred to the office for poor conduct may be subject to disciplinary action from the sport's coach. That action may range from a warning, to suspension, to dismissal from the squad.
2. Any athlete caught stealing or in possession of stolen items may be dismissed from the squad.
3. Any athlete who vandalizes school property will be suspended from participation or dismissed from the squad of suspended from the contest.
4. Any athlete in possession of any school equipment or uniform will not be permitted to participate in another interscholastic athletic activity until all equipment or uniforms have been returned.
5. Actions that reflect poor community citizenship will result in a warning, suspension or dismissal from the squad. If dismissed from the squad the athlete will be ineligible to participate in athletics for a period of ten school weeks.

Once a student's name is placed on the ineligible list for a sport, that student is not eligible to try out for, practice or participate in any other interscholastic athletic activity until the end of the sports season covered by the original eligibility list.

Physical Education Requirements for Athletes – Athletics is an outgrowth of the physical education program. Those students demonstrating outstanding skill, attitude, and effort in physical education classes are encouraged to participate in athletics. The wide range of activities offered in physical education give students an excellent background in physical fitness, lifetime sports and team sports. Because of the importance of physical education, all 7th and 8th grade athletes will be required to participate in physical education throughout the year. If an athlete receives a written warning to the parent for conduct, lack of participation or truancy (illegal absence), he or she must attend but may not participate in that day's practice or contest. The physical education teacher will notify the athletic director who will in turn notify the coach.

Action taken by the athletic department could be in addition to any action taken by the school administration.

Games and Practice Sessions

In order to participate on a team, team rules will be established by each coach in accordance with the athletic department

1. Team members must be present and on time for all scheduled practice sessions and games. Any athlete who is present in school but absent or late to the athletic event without prior permission from the coach may be subject to appropriate disciplinary action. That action changes from a warning, to suspension to dismissal from the squad. The time for practice sessions will be announced at the beginning of each sports season.
2. Excuses from practice for an extended period of time during a season will be limited to
 - a. Emergency situations
 - b. Religious obligations
 - c. Sickness or injury (If medical attention is required, a written physicians approval to return to practice must be submitted to the coach prior to participation.)

All these excuses must be submitted to the coach and approved by the athletic director prior to the missing of practice. It should be noted that the athletic department realizes that unusual situations arise where the athlete must miss practice. It is our responsibility to make sure that all athletes returning from those absences for a period of reconditioning before participating.

3. Every athlete will sit with his/her own team during the entire athletic event
4. No athlete will leave the site of the athletic activity without permission from the coach
5. Students will be subject to district transportation policies

Requirements Before Participation

Before you are able to try out or participate in any sport, the following items must be completed and turned in to the Athletic Director

1. Physical Exam
2. Parent Permission and Emergency Card
3. Residence Form
4. Athletic Standards Contract

Scholastic and Residence Eligibility

The Mission Valley Athletic League has established scholastic athletic eligibility as being enrolled and passing 6 units of course work. A 2.0 grade point average must be reinstated, without having any F's. Eligibility checks will be made at the end of each grading period.

All athletes should live in the Horner attendance area or have received an intra or inter district transfer. It should be fully understood that agreements with other school districts do not automatically assure athletic eligibility. The legal right to attend a particular school and athletic eligibility are two totally different issues.

1. They change their residence while attending their current school.
2. They plan to transfer to another school without changing their residence.

Failure on the part of the athlete to report his/her current legal residence to the athletic director and principal of the school he/she is attending may result in:

1. Forfeiture of all contests won by the team on which the ineligible student played
2. Athletic ineligibility status for the athlete for at least one calendar year in any CA high school even though he/she is allowed to remain in that school.

Expected Conduct of Athletes

The conduct of an athlete is closely observed in many areas of life. It is important that behavior be above reproach in all the following areas:

ON THE FIELD: All athletes are expected to conduct themselves in a manner, which shall bring credit to themselves, their school community, coach and family. Athletes shall refrain from all conduct which tends to degrade, bait, intimidate, or otherwise discredit their opponents or officials. Athletes are expected to show the highest standards of sportsmanship during competition and practice. Athletes are to share in the responsibility for the conduct of their teammates and supporters of their team by controlling their behavior. An athlete or captain must accept the decision of the official. The only person allowed to talk to an official is the coach.

ON CAMPUS: All athletes are to follow all school rules and policies described in the Horner Assignment Book and to maintain a high level of citizenship. Athletes shall follow the direction of Horner Staff members at all times.

IN THE CLASSROOM: In addition to maintaining good scholarship, an athlete shall give respect for other students and faculty at all times. An athlete shall maintain a good attendance record. Cutting class and tardiness are not acceptable behavior.

Dropping or Quitting

Dropping or quitting a team may result in losing the privilege of participating in athletics. On a rare occasion an athlete may find it necessary to drop a sport for a valid reason. If this is the case, the following procedures must be followed.

First ten days of a new sport season:

1. Talk to your coach and explain your situation
2. Check in all equipment issued to you
3. You may try out for another sport team after you have completed items 1 and 2

After ten days of a sport season

1. Talk to your coach and explain your situation
2. Check in all equipment issued to you
3. Your coach must give you an athletic clearance before you may try out for another sport team. In any event, you may not try out, condition/weight lift, or practice until the team you are on has completed its last contest.

Failure to follow the above procedure may result in the loss of athletic privileges for the next sport season.

Equipment / Uniform

School equipment / uniform issued to an athlete is his/her responsibility. He/She is expected to keep it in good condition. Loss of any equipment / uniform is the athlete's financial obligation. All equipment / uniform must be turned in and debts paid before an athlete can receive clearance to participate in another sport.

Ejection Policy Notification Form (NCs Policy)

1. Ejection of a player from a contest of unsportsmanlike or dangerous conduct. Penalty – the player shall be ineligible for the next contest no matter what.
2. Illegal participation in the next contest by a player ejected in a previous contest. Penalty – the contest shall be forfeited and the ineligible player shall be ineligible for the next contest.
3. Second ejection of a player for unsportsmanlike or dangerous conduct from a contest during one season. Penalty – the player shall be ineligible for the remainder of the season.
4. When one or more players leave the bench to participate in an altercation. Penalty – The player shall be ejected from the contest in question and become ineligible for the next contest (non-league, individual tournament, post season, play off, etc.)

WE HAVE READ AND WE UNDERSTAND HORNER JR HIGH'S ATHLETIC RULES AND STANDARD. WE AGREE TO ABIDE BY THEM. PLEASE SIGN, DETACH AND RETURN THIS SECTION TO THE ATHLETIC DIRECTOR / COACH.

ATHLETES SIGNATURE

DATE

PARENTS SIGNATURE

DATE