

## PHYSICAL EDUCATION MAKE-UP PLAN

Below is a list of several ways your child could make up points lost in his/her physical education class. Please note: the chosen assignments must be completed and handed in to the instructor no later than one week prior to the end of the grading period. If your student is on a home study program the make-up work must be turned in upon return to school, for full credit. The teacher determines the total points earned on each assignment. Poor quality work will not receive full point values. **All make-up work must be hand-written.** Students receive -2 points for each day absent and may make up all absences. Otherwise, make-up work can be completed only by students who have 30 or more minus points. **STUDENTS CAN DO NO MORE THAN 10 POINTS OF MAKE-UP WORK PER QUARTER WITHOUT PERMISSION OF THE TEACHER.**

### YOUR STUDENT MAY:

1. Write a one-page report about the activity they are presently learning in class, or about any other activity of interest. You must list sources of information, such as the name of the book or a magazine, the title, author and page numbers. Reports copied directly will not be accepted.  
1 full page = +2 points
2. Read a magazine or newspaper article about health, fitness, medicine, a sports figure or something happening in the sports world and then write a one-page opinion paper on the article. Be sure to include the article with your paper. The paper should be one page long.  
1 full page = +2 points
3. Choose fifteen vocabulary words from a sport of physical activity, and define each one. Be sure to use a book written about the sport, as a dictionary may not have the correct meaning. (Example: "love" in tennis means zero)  
15 well defined words = +2 points
4. Make a poster collage (12" x 18") involving something relating to health, fitness, or sports. It should have a message. (example: "Exercise for a Healthy Heart") Attach to the back of the poster a ONE page paper that describes what your poster is about and why you picked that particular topic. Paper should include what you learned about the topic or the benefits of your topic on physical education. Poster= UP TO +8 points (only one poster per quarter).
5. Watch a sporting event such as a junior high, high school, college, or professional sport. Write a one page paper about the sporting event to include the following: type of sporting event, names of the teams, time the game started and ended, who won the game, and what was the final score. Include an evaluation of the game. What did you think about the game? What did you learn? What did you like or dislike? Any unusual rules or odd plays in the game? Have your parent or guardian sign the paper to verify that you attended the game. 1 full page = +2 points.