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# Hockey teams work hard and go all the way to championships

Brianna Nguyen Reporter

Tuesday, On February 25, the hockey tournaments began. Each day, all grades competed. The games took place in the mini gym during lunch.

Just a few days ago, the last teams competed and worked hard to win the championships. On Tuesday, March 10, the 6th graders team, "State Farm," won as Champions. In the 7th and 8th grade division, Team Preet won their championship game on Wednesday, March 11.

The coordinator of this event was Ms. Alves. She is a 7th grade P.E. and Leadership teacher. Alves stated, "This event was a big success. We had a total 11 or 12 teams participating so we had over 80 participants." Although the hockey tournament was very fun and successful, it took her a long time to prepare.



Photo by Ella Wang

In the end, Team Preet ends up winning first place in the championships.

However, Leadership students helped her throughout the games. Her students came to keep score, set up, and to clean up after the tournaments.

Taylor Rand, an 8th grader, mentioned, "It was fun to keep score and help Ms. Alves. I got to enjoy the games and be with my friends."

said, "Even grader, though I don't like hockey that much. watching my friends play the games was fun." He came and supported his friends when they were playing even though he did not enjoy hockey as much.

Sadly, no 7th grade teams won against Isaac Luong, a 6th 8th graders. But at least we know they had fun playing and watching.

7th grader Alicia Wong added, "I enjoyed watching the hockey games I attended because it was fun to see my friends try their best to win. I would encourage others to join if they're up to the challenge."

8th grader, **Jayrold** Noche, was on team C-virus. He played against Team-preet in the final game. Although he lost against them, he was still happy he got to play with his friends and his team was able to score a lot of goals.

Finally, the 8th grade winners--Team Preet included seven players: Angelo Gardetto, Joseph Shin, Kayden Shaw, Jinsoo Moon, Cody McFadden, Aarav Mehta, and Jordan Li.

8th grader, Aarav Mehta, added, "I played hockey alright, but my teammates helped out a lot. Overall, every single person contributed, and the result wouldn't have been the same without them."

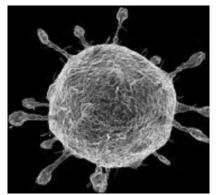


Photo by Google Images The Symptoms of the Coronavirus can take 2 to 14 days in order for it to be visible and actually show up according to the CDC.

## **Coronavirus Update**

Current Cases in the World: 215,177

Current Cases in the **US**: 7,754

Current Cases in California: 598

Current **Deaths** in the **World**: 8,885

Current **Deaths** in **US**: 112

Current **Deaths** in **California**: 15

**Recovered** Cases in the World: 84,314

**Recovered** Cases in the **US**: 106

#### as of 11am 3/18/20

#### **Symptoms of the Coronavirus:**

dry cough, fever, shortness of breath

#### **How to Prevent the Coronavirus:**

wash your hands, avoid close contact. avoid large crowds and gatherings, clean and disinfect surfaces around you, stay home when sick

> Compiled by Jen Bumanglag **Assistant Editor**

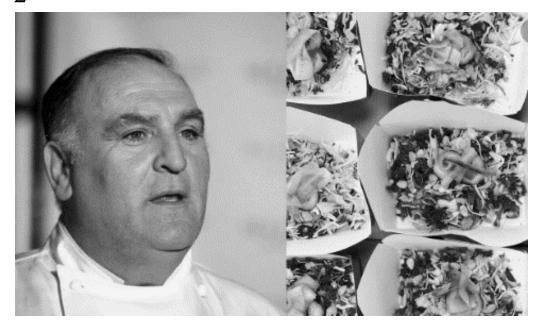


Photo from Google Images Chef Andres's charity *World Central Kitchen* has been feeding the passengers on cruise ships with COVID-19.

# Chef Andres continues feeding those in need worldwide *Zoya Chasmawala* Reporter

Jose Andres is an example to follow in helping those in need internationally. Jose Andres is a Spanish- American Chef who owns a charity named *World Central Kitchen* that provides non-profit meals to those going through natural disasters. He has been serving meals since 2010, when he formed his charity. Andres has 31 eateries as well as *World Central Kitchen*.

Currently, he is working hard to provide fresh meals for the Grand Princess Cruise and Diamond Princess Cruise guests, some of whom are infected with the coronavirus. It was reported by *Cnn.com*, that there are about 21 guests who have been tested positive for COVID-19. The Grand Princess Cruise had been at sea since March 4, but had finally docked at the Port of Oakland on March 9.

Although a 7th grader, Muhammed Naeem, claimed that Chef Andres could get sick and spread the virus to those who haven't been infected by giving them meals. He believes that even Jose's helpers may get the coronavirus and drastically affect the people around them.

Due to the crisis, *Princess.com* stated, "I wish to advise you that today we have been notified by the United States Centers for Disease Control and Prevention that they are investigating a small cluster of COVID-19 (coronavirus) cases in Northern California connected to our previous *Grand Princess* voyage."

Chef Andres is providing meals for 2,500 passengers, as well as 1,000 crew members. Andres has spent his time and money serving millions of meals so far.

Amanda Herrera, in 8th grade, explained, "Jose is doing a good thing to provide meals for the passengers, especially those infected with the coronavirus."

Maizy Moiselle, from 6th grade, stated, "I would help Jose if I could, although I would take precautions because I wouldn't want to get the virus."

It is this work for which Andres has earned respects from the culinary world and beyond.

# On This Day in History...

March 21- The
Beatles' first
appearance at the
Cavern Club in
Liverpool happens
in 1961

March 23- Patrick Henry declares "Give me liberty or give me death" in a speech in 1775

March 24- Scottish
King James IV, son
of Mary of Scots,
succeeds the
English queen
Elizabeth I,
joining the
Scottish and
English in 1603

March 25- British
Parliament
abolishes slave
trade throughout
the British
Parliament in 1807

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# **Editorial**: Should we have Daylight Savings?

Jaeda Histo

On Sunday, March 8, people may have seen their clock change from 1:59 to 3:00. That was a time change, also known as daylight saving time (DST).

During the spring, the time goes forward an hour and during the winter, the time goes back an hour. Time change is done to save energy and to use sunlight more efficiently, since there is more sunlight in the summer than there is in the winter. The United States and Canada are the only countries that are affected by the time change.

I think that we should stop the time change because it is hard for many people to adapt to it. I feel more tired in the morning and I feel like I barely slept.

Many peoples' sleep schedules change due to it still being dark when people wake up in the

morning. When I wake up in the morning, I'm still very tired and I want to go back to sleep. Though, everyone will still have their own opinions on the matter.

Christopher
Garcia, an 8th grader
explained, "It's annoying
having to change my
clock all the time. They
want our lives to be
miserable. It makes us
happy and makes us sad.
Time change affects my
sleep schedule, because I
go to bed at 3 a.m. every
night."

Some people will get out of work when it is already dark outside. "I feel like the day goes by faster and I have less time to do my homework," 7th grader Nant Su San stated.

Others would like to get rid of the time change and forget that it all exists. Many students believe that it is hard to adapt to. They think that having to change their clocks all the time is very useless.

According to timeanddate.com, DST does not make more sunlight but makes the sun rise and set later. The longer nights will make people get out of the house more and get more exercise.

A lot of people don't have enough time to do many everyday things. Studies show that the amount of car accidents have increased. Some people think that we don't get the necessary hours of sleep that we need.

Many adults have to wake up very early and are sometimes half asleep. They drive when it is dark outside and it is hard to see things. Students don't get enough sleep and have a hard time concentrating in class.

# New car-sized asteroid found orbiting earth every 47 days

Isabella Hembruch Editor

Earth has picked up a new, temporary moon. Invisible to the naked eye, the asteroid was discovered on January 15 at the Catalina Sky Survey in Arizona. It has been named 2020 CD3, and scientists have calculated that it has been gravitationally bound to Earth for about 3 years.

It is roughly the size of a car and orbits our planet about every 47 days. Its path is wide and ovalshaped, usually taking it past the bigger moon's orbit. 2020 CD3 is the 2nd known asteroid to orbit Earth; 2006 RH120 having appeared between September of 2006 and June of 2007. However, 2020 CD3's orbit is not stable.

"It is heading away from the Earth-moon system as we speak," stated Grigori Fedorets at Queen's University Belfast in the UK, according to newscientist.com. It will probably escape Earth's gravity by April. Although, several scientists disagree about it's true trajectory, and some say it is not a temporary moon, but just some artificial space debris.

# March 19 March 31 March 31 Cesar Chavez Day April 12 Easter April 22 Earth Day

### Coronavirus 101:

\*Wash your hands for 20 seconds

\*Keep your distance; avoid crowds

\*Help your family \*Learn new things

\*Read every day; review school notes

Let's remember the positive! COVID-19 will not ruin the YEARBOOK!!

Yes, school is closed for now, but YEARBOOKS are still being published and sold!

\$40 www.yearbookordercenter.com #6803

# The Walters Wrestling Club dominates their first tournament

Benjamin Headley Reporter

The Walters Wrestling Club had their first tournament on March 7 at San Leandro High School. There were about 500 wrestlers at the tournament, and it started at 7:30 am and finished at 4 pm.

For Walters' wrestler Isabella Cisneros, it was her first tournament in her very first year. Still, she pinned a girl in the first six seconds according to Coach Jackson of the Walters Wrestling Club.

When Isabella went into the match, she was very nervous and scared, but after she pinned the girl, she felt shocked and her team was very happy for her.

Coach Jackson has been wrestling for 36 years. His dad and grandpa influenced him to start wrestling, because they were all wrestlers before. Coach Jackson has not gotten a lot of injuries except for his cauliflower ear (that happens when you don't wear your headgear and your ear bulges out).

Coach Jackson's son is a 6th grader named Cameron Jackson

and he has been to four tournaments. He started wrestling because his dad wrestled, so he wanted to do it.

Cameron really likes the Walters Wrestling Club and stated, "Everybody is dedicated and they try their best and they are fun to be around and

they got each other's back."

There 10 were the wrestlers who won finals including: Kira Bjornson, Cameron Jackson, Sid Virk, Micheal Pickett. Xavier Lerma. Nimara, Jason Casey Jackson, Junaido Khan, and Gabe Duenas.

Xavier Lerma, one of the Walters wrestlers who won the finals, has only wrestled for one year, but he didn't lose any of his matches.

He started wrestling because his older brother used to wrestle, and when Xavier got the chance to wrestle he took it. The hardest matches he did were his 1st and his 3rd, but his 3rd one was much harder. One of Xavier's strategies is to never give up, even if you are tired.



Photo by Benjamin Headley Two wrestlers compete at a tournament at San Leandro High School.

# March is Women's History Month

There are so many women who are inspirational. They are out there chasing their dreams and changing the world. From sports to politics, women are leaving their mark, and so many deserve to be recognized and honored.

Here are five of those girls and women to celebrate.

**Greta Thunberg-** At 17, Thunberg is leading a worldwide movement about climate change. Named Time's Person of the Year in 2019, she has attended many climate protests, and spoken numerous times, including at the United Nations' Climate Action Summit.

**Angela Merkel-** Merkel is the chancellor of Germany, and the first woman to hold that position. She has been Germany's minister for women and youth, minister of the environment and nuclear safety, and secretary-general of the CDU. She also played a large role in the founding of the European Union.

**Venus and Serena Williams** - Venus and Serena Williams started playing tennis at the age of 3. Venus has won about seven grand slams and Serena has won 23. When they were 10, they turned pro. They served 100-miles per hour by that age as well.

**Dolores Huertas** - Dolores Huertas is an activist and labor leader who co-founded the United States Farm Workers. She works to improve social and economic conditions for farm workers and she created the Agricultural Workers Association in the 1960s. She worked tirelessly alongside Cesar Chavez to secure farmworkers' rights.

Compiled by Editor Isabella Hembruch