Adapting to quarantine changes as a mother and administrator

Sarmila Jagadeesan Reporter

Mrs. McClintock does a lot for our school as AP, or assistant principal. You might've seen her around the halls or maybe you've been sent to her office before. However now, in quarantine, her usual job isn't the same, but she still helps keep the online schooling work from behind the scenes.

Many have gotten used to seeing her face every day in the halls, and she has gotten used to seeing ours. "I miss greeting students, staff, and our community every morning and wishing them safety as they leave in the afternoon," she said. Though she is in the halls often on campus, many of her responsibilities stay the same from home. However, she has plans on what she hopes to do when we return to school.

As a parent, her responsibilities remain the same as



Photo from Mrs. McClintock Mrs. McClintock hangs out with her children in their new qarden.

well. She's used to juggling being a parent and an educator, so she doesn't find distance learning too difficult. She and her family stick to a routine and issue consequences when work doesn't get done.

Like a lot of us, she has also taken her time to be productive and acquired new hobbies. "I had time to start a garden, deep clean our house, do puzzles, and organize paperwork. I enjoy cooking, so sharing every meal with the family has been nice. We don't order out, so we make all our favorites together at home," she stated. She plans to keep up her home garden, even when the quarantine, and potentially the pandemic, is over.

However, as is for everyone, quarantine had some downfalls for her as well. "Getting to work with so many great people and students is the best part of my job. It's challenging not to work with people face to face. For me video conferencing, phone conversations, and emails don't convey the special energy we share on campus," she said.

Living on "house arrest" can be hard, but we all have to make the best of it and that's what Mrs. McClintock and her family have been doing during this time.

Facing the pandemic's difficulties and getting through it together

Bhairavi Senthilkumar Reporter

More than 60 days have officially passed since Fremont has gone into Shelter in Place. Schools across Fremont shut down as COVID-19 began to affect more and more communities. While the shutdown means less workload for some students, for the principal, it means more responsibility.

The school is a much larger obligation for Mr. Weems, especially during times like this when things are harder to predict. However, adjusting and

figuring out a way to work through the pandemic proves to contain its difficulties. "My work is around the clock now. I'm answering emails all through the night," Mr. Weems discerned about his work schedule.

Not only is there more work to go through, but communication with friends and colleagues also proves to be harder, particularly when following social distancing guidelines. "I felt sad to not be able to see my students and staff

every day like usual," explained Mr. Weems on social distancing. Yet, while challenges make it harder to adjust to the pandemic, there are ways to make the process less difficult.

Whenever Mr. Weems could find the time, he enjoys playing chess against himself and watching movies. It keeps the principal entertained- especially when turning work off inside the head becomes more difficult.

Not only that, but Mr. Weems also participates in

food distributions during the pandemic to help give lunches to families in the district who need them. "It is very rewarding to see the [families'] cheerful faces." Mr. Weems remarked.

While many obstacles stand through the path, Mr. Weems' biggest priority is helping people get through the pandemic.

He stated, "We will get through this....We need to get through these obstacles in life."

Ms. Staley's advice for students being stressed out due to the quarantine

Halley Buenrostro Reporter

Ms. Staley is a 7th grade language arts teacher. Although school is ending on a short note, she is still trying her best at helping her students pass her class and trying to capture the memories of this year's class.

Unfortunately, for the 8th graders, they cannot enjoy their last year at Walters with their friends and staff members.

Ms. Staley said, "8th graders. I care about you all so much! I am so sad that I do not get to give any of you goodbye hugs or tell you how much I am going to miss seeing you on campus. You all are amazing, powerful teenagers and I know you are going to take high school by storm. Do your homework!! Show up for Zoom and Google Meets! Stick with it



Photo by Ms. Staley Ms. Staley hopes everyone finds ways to lower their stress in quarantine.

campus. You all are amazing, because we are going to be back powerful teenagers and I know in school in no time! You will see you are going to take high your friends again and your school by storm. Do your teachers and new ones will be homework!! Show up for Zoom waiting to see you."

Ms. Staley keeps herself entertained by practicing yoga and going on daily jogs. "I practice yoga and take a thirty minute run or walk every day. I am working on my Masters in Education, so I spend my time on those assignments. I also take my cat for daily walks with her leash. She loves being outdoors," she explained.

She said being able to take her time off from assigning classwork-and taking a 'breather' makes her all the more calm and at ease during this pandemic. Of course, she still worries about it.

Just like everyone else, Ms. Staley also had multiple opportunities taken away from her because of this pandemic. One being to visit her family, who she has not seen since Christmas. Despite this, she is still very grateful for this time to find herself and finish her education.

She stated, "I am grateful that I still have a job as a teacher and my husband still has his job as an engineer. I feel very lucky to be able to take walks near my house every day and I am keeping myself busy."

Just like Ms. Staley explained, others can use this time to reflect on themselves and figure out themselves and raise their grades. You're not "stuck at home," you are safe at home. The teachers at Walters are doing their best to give their students a decent learning experience during this troublesome time.

Teacher and daughter endure SIP

Ella Wang Reporter

Due to the sudden quarantine that people are facing, many things that they have taken for granted are the things that they wish they could do. With seemingly no end to this in the near future, people will have to compromise on what were once everyday ordeals.

While stuck at home, many students just wish they could go back to school and see classmates and teachers face to face again, if only to get away from their family a bit. Mr. Cumpian's daughter, has also had to transition to online school.

Mr. Cumpian explained, "My daughter has developed anxiety and every day is a struggle for her with her assignments. She misses school and hanging out with other kids."

Mr Cumpian's daughter has been picking up roller skating, so he goes skating with her on his skateboard.

He has also picked up the drums again, as he had stopped for a bit due to the pandemic.

"[When I played again] my sound was so terrible that it scared me back into regular practice," he commented.

Since he has less obligations, like getting up for school, he can conform his schedule to his own wishes.

Mr. Cumpian said, "Usually I get up at 5:15 am. Now I get up at 8 am and it's great."

All of Mr. Cumpian's family has been working through the pandemic, and going outside at least a couple times a day.

Protesting amid pandemic



Photo by Google Images

Protesters make their voices heard about the Black Lives Matter movement. For the past week, protests have occurred not only around the USA, but worldwide too. Fremont held its own, marching to City Hall on June 2. The increase of protests sprouted after the killing of George Floyd on May 25, 2020 in Minneapolis, Minnesota by Police Officer Derek Chauvin.

Calendar	
June 5 th	7th grade supply return
June 8 th	6 th grade supply return
June 10 th	Last day of the school year
August 26 th	First day of school

Mrs. Fiala's daily quarantine routine and how she makes it work

Selena Chambers Reporte

Mrs. Fiala, the 8th grade counselor at Walters has been finding out many ways to balance family time with work time at her home.

Transforming her work from home to online sessions was very difficult trying to set up. She explained, "It was very difficult trying to figure out what programs to use for my sessions like Google Meets or Zoom, etc. Also it was hard trying to ensure confidentiality from the programs and even finding an area to set up my 'office' at home."

While working from home, she misses her students and wishes she can see them before next year.

"I absolutely miss my students and I haven't seen so many of them since March 13th. I am really sad that because they are all in 8th grade that I won't see them next year," she responded. Mrs. Fiala hopes that all 8th grade students know that she is here to talk if they need any support.

Trying to take care of her one year old while working at home can be very difficult to manage, so Mrs. Fiala's in-laws help babysit her son Julius until she is done with work. "I'm very lucky that I live with my in-laws, we are all quarantining together so they can watch Julius during my 'work hours,' and then I can watch him afterwards," Mrs. Fiala explained.

Staying fit and active can be

difficult during quarantine so Mrs. Fiala sets a weekly routine. She added, "I focus on going for walks or jogging on our treadmill 3-4 times a week and usually go for walks with Julius around our neighborhood for an hour every day." After spending time outside, Mrs. Fiala will usually end the day by watching some TV or by playing board games with her husband.

In this quarantine most people have adapted to their circumstances by multitasking work and home life. This global pandemic has brought out strength in many people that they didn't know they had. Mrs. Fiala is a perfect example.

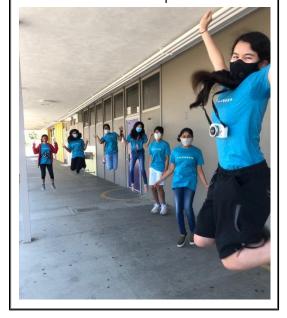
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Halley Buenrostro
Ella Wang
Savan Gupta



Trying to stay motivated during crazy times

Jasmine Maung Re

Ms. Greer is a nurse at Walters and at other schools as well! She has been staying motivated in quarantine just like many others. She loves and misses nursing at the moment because it is difficult not being able to provide hands-on care like normal, but her and the entire FUSD nursing team have been working very diligently to reach out to students for regular health check-ins, provide community resources, and even mindfulness classes within Google classroom.

There are several ways people can stay safe during this pandemic. Wear a mask and gloves when going outside is one. "It's most important that people stay home if they do not feel well to help prevent the spread of any potential illness. Thorough hand washing with soap and water throughout the day is also key," stated Ms. Greer. Staying away from crowded places and practicing social distancing help as well.

During hard times like this, people have been finding several ways to stay motivated. Ms. Greer explained that some days have been more challenging than others, like how she can't stay on campus to students or not



Photo from Ms. Greer Ms Greer misses being at school and helping kids stay healthy.

being able to see family and friends as much, but she stays motivated by allotting a specific amount of time for work each day. She also makes sure to reach out to her students and family because it helps her to help them. At home, workouts, cooking, and garden have also helped her feel motivated and productive.

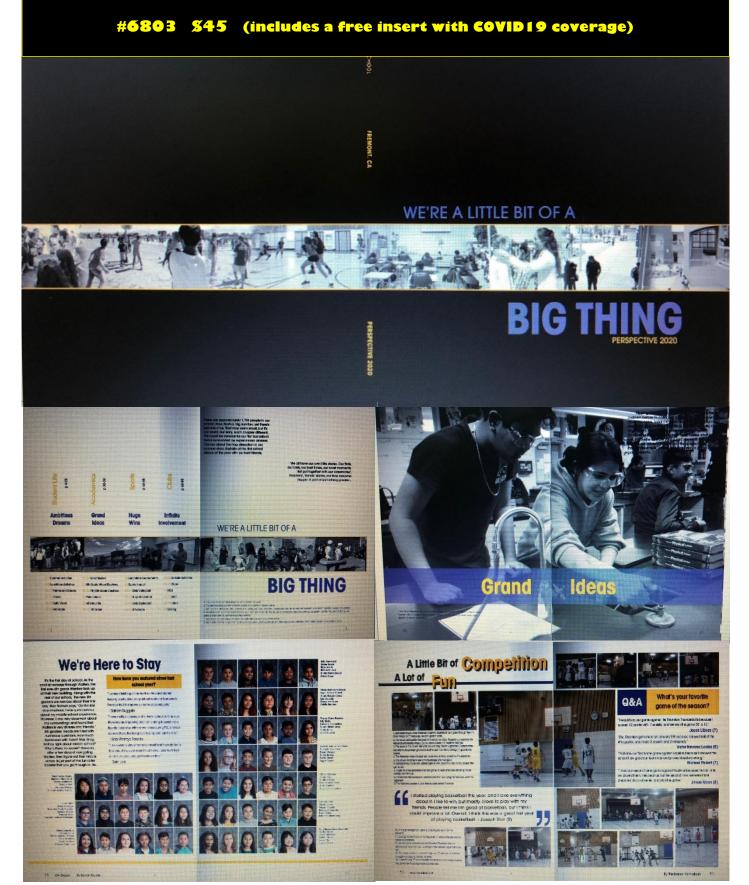
"I have noticed that a lot of things have changed. It's a whole new reality and it's important that we be patient with each other and adapt the best we can," she said.

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Mr. Nicholson's methods for staying safe and keeping up with work

Savan Gupta

Reporter

Mr. Nicholson, who teaches both 7th and 8th grade math is staying active and safe during quarantine. He said, "I go out every day for a walk around a trail near my neighborhood. Once a week I also go to the grocery store, wearing a mask and gloves."

When going out on his walks, he makes sure to stay six feet away from people. After coming home from grocery shopping, he also makes sure to disinfect any jars or containers used to package food, because those containers could be potential carriers.

Due to the shelter-in-place, Mr. Nicholson has more free time in his day. "I don't have to commute an hour a day. My commute is now 15 seconds, and with my free time I've been cleaning around my house."

Even though he has more free time, Mr. Nicholson has to work for

the same amount of time that he had to before the shelter-in-place. "I'm giving out less homework, but it takes time to grade, so I would say it takes the same amount of time, but it's more tedious."

Just like a lot of people, Mr. Nicholson isn't too happy with the shelter-in-place, but so long as it keeps people safe, he's alright with it.

He feels sad that he will not be able to visit his family this summer, and, if given a choice, he would want the lockdown to be lifted on June 10, because it's the last day of school, and he could visit his family.

Though he wants COVID-19 to go away, he thinks that when it does, people will still remember social distancing and to not shake hands. He believes that it will be some time until life goes back to how it was pre-Coronavirus.



Photo from Mr. Nicholson Once the lockdown is lifted and COVID goes away for good, Mr. Nicholson will be happy; but until then, he is ready to follow precautions for the safety of himself and everyone around him.

Editorial:

Reminiscing about the past school year Zova Chashmawala

Dear Future Self.

We've come a long way since the beginning of 7th grade. Sadly, it has come to an end. I got to learn a lot about the Little Prince, genes, algebra, lacrosse, and the Roman Empire. This year was one of my most memorable and happiest years because of all my teachers, especially my elective teachers, Mrs. Carey and Ms. Yuen.

Two of my most favorite art assignments were the Day of the Dead assignment and the 3D project. My time in Publications was also fun, and each and every assignment was enjoyable.

This year, I've made so many new friends who like me for who I am, and not for who I was or what I have. Knowing that I have so many loyal and honest friends at Walters just makes me appreciate everything even more. I am so thankful for all of the friends I have made

who make me who I am today.

There weren't many challenges for me before lockdown but, I did face some challenges after lockdown. Some of those challenges were not being able to get enough practice, keeping up with school work, waking up in time for Zoom meetings, and not being able to communicate with teachers as much.

Communicating through Zoom meetings is a challenge, and so is keeping up with what is taught in them. Even though it's not very helpful to learn through Zoom meetings, it's a good way to try to stay focused without talking to one another.

This year has been great and I am thoroughly enjoying it. I'm also looking forward to seeing how next year will go.

6th grade teacher's online teaching woes

Kathy Bjornson

During the shelter in place, teachers have been challenged with teaching remotely and using online resources to reach students. Ms. Goodfellow, a 6th grade science, math, and innovations teacher, has been teaching her classes using Google Classroom and Google Meets. She has also made use of Khan Academy, an academic site, and Stem Scopes, which she uses for science.

For her innovations class, part of the 6th grade wheel, she has had her students do weekly projects. These have included making a puppet or a wind chime from anything students have available. Her science students also dissected a flower from home.

Ms. Goodfellow said that one of the most difficult things about teaching from home is gathering information from different sites, as well as managing work being

completed by students at different times. She also said that she thinks distance learning isn't effective for most students. "It is difficult to determine if they are grasping all of the concepts," she said.

There have been other changes, too. "I am probably working about the same number of hours, but they are now much more flexible. I don't work constantly for 6 hours straight, and am able to do much of my work at night, when I am more available to do the work," she added.

Though this flexibility is appreciated, Ms. Goodfellow also misses school in person. She commented, "I miss seeing people, interacting with my students, talking to my coworkers. I miss teaching the concepts in person. It is hard to do that through a computer."

Mrs. Carey has learned a lot from quarantine

Brianna Nguyen

Reporter

Mrs. Carey, the art teacher, is a mother of four kids. Her oldest, Caleb, is 18 years old, Ronan is 16 years old, Linnea is in 8th grade, and Mikko, her youngest, is 11 years old.

Although it can be exhausting staying home all day with family members, and trying to stay active, there are several activities Mrs. Carey and her family like to do.

For example, she likes taking her turn making dinner for the family and washing the dishes, helping her kids with schoolwork, grading and creating assignments for her 140 students, and going on bike rides and hikes.

In her free time, she has some hobbies to keep herself busy. This includes riding her bike around, making embroidered patches, painting, gardening, and doing yoga.

Because we are in quarantine, there are several things Mrs. Carey cannot do, and misses doing.

"I miss hugging my elderly parents and my elderly grandma who are at risk. I miss being at school with everyone. I miss being able to travel, especially to Tahoe and to Santa Cruz. And I miss TJ Maxx like most moms," Mrs. Carey mentioned.

"My view on life has changed in that I don't feel the need to go shopping all the time and buy things. I feel like our lives before were too fast paced, hurried, and filled with a lot of things that steal our joy away. I'm more aware of how good we have it, simply healthy," she added.

"What we as a culture have learned is that an individual's



behaviors can affect people around them -- if they follow the rules it protects people, but if they don't, it can endanger people. I hope that sense of awareness transfers over into realizing that what we say also affects people. What we do can affect people and to care about that. We are sacrificing to help the greater good and I hope we don't forget that, that made us all feel good. I know things will change and I'm not afraid of change. We humans will always find creative ways to connect and adapt," Mrs. Carey strongly stated.

Even through this tough time, Mrs. Carey has been able to find ways to stay motivated and is doing new things. She is able to think positively of the world, and that everyone will be able to learn and adapt to any new changes.

Photo from Mrs. Carey

There are several things Mrs. Carey wishes she could do, including hugging her parents, but can't because of quarantine.

Mr. Del Carpio's digital challenge

Jen Bumanglag Assistant Editor

For the past two to three months, most of the world has been in quarantine. There have been a lot of changes in everyone's life, especially when it comes to school and work.

Mr. Del Carpio finds distance learning a little more challenging than being at school with his students because of how he tries to find more ways to keep his students engaged in their learning. He has a meeting once a week and tries to have a variety of assignments for his students.

"It's been a bit harder. Trying to find and adapt materials for online work has been a challenge," he explained.

He also believes that this quarantine will affect his students and himself next year because nobody knows how long we'll be in quarantine. Luckily, he said that over time his job is getting easier. Quarantine has also altered his view on teaching at Walters. He expressed how this lockdown makes him appreciate actual interactions with people in real life more, because he doesn't enjoy being isolated from his students. He prefers teaching in real life rather than teaching online.

He emphasized, "I enjoy teaching in real life. I like being able to see my students and co-workers. It also provides new experiences that I get to take home and share with my fiance."

Quarantine has been a challenge because of how everyone's used to being able to go outside and interact with people in real life. Hopefully, this lockdown will end soon, and people will be able to go outside and hang out with their friends.

On May 28, SpaceX, which is owned by Elon Musk, became the first private company to do what only a nation had done before- launch a rocket into space. SpaceX teamed up with NASA to send astronauts Robert Behnken and Douglas Hurley to the International Space Station. This was the first rocket launch from American soil since the space shuttles' retirement in 2011; NASA has been relying on Russian rockets to send astronauts to the ISS. In addition, the Falcon 9 rockets used are reusable, and are the first rockets to be that way. The plan was for the Crew Dragon to stay at the ISS for only a couple of weeks, but as the station is understaffed, they could end up staying there for up to four months.

—Compiled by Editor Isabella Hembruch



Mr. Reyes stays up to date with the COVID-19 and quarantine changes

Thejasree Venkatesh Reporter

Everyone has experienced change because of this pandemic, and Mr. Reyes, a P.E. teacher and head of the Walters P.E. department, is no exception. From an early point, he knew how much the coronavirus could impact his life.

"I was keeping up with the news taking place in other parts of the world. I was aware that our lives could change dramatically in a short amount of time. I knew that people could lose loved ones to this virus. I'm very concerned in keeping my loved ones safe," he said.

Mr. Reyes has already experienced changes during quarantine, both positive and negative. "I've added a lot of walks and jogs in my neighborhood with my

family. That's one positive thing I've experienced being in quarantine," he stated.

A difference he has seen in society is more practice of good hygiene with the emphasis of regularly washing hands. He said this habit should stay with us even after this pandemic.

When asked about the negative changes, Mr. Reyes added, "Those who have experienced loss due to COVID-19 have experienced the worst change. My heart goes out to them."

Mr. Reyes said that this pandemic will have a lasting effect on every one of us. "We have a stronger appreciation for our essential workers, especially those in the medical field," he concluded.



Photo by Mr. Reyes Like many others, Mr. Reyes understands the changes the pandemic is causing.

Students return for PE uniforms





Black Lives Lost

- George Floyd: held down on his neck by police for nearly nine minutes
- Breonna Taylor: shot in own home by Louisville police
- Ahmaud Arbery: shot in Georgia neighborhood, shooters not arrested
- Tamir Rice: at 12 years old, shot by a Cleveland police officer
- Dontre Hamilton: shot for resting on a park bench by Wisconsin officer
- Michael Brown: shot by Ferguson police while running away
- Eric Garner: died after being choked by a New York officer

This list includes just some who have died for no reason, just because they are Black. Some of these cops were not arrested. Black lives should and will always matter. Racial injustice needs to be addressed.

--Complied by Editor Jasmine Maung

COVID – 19 vaccine may be ready by the end of this year

Jasmine Maung Editor

Labs have been doing research and believe that a vaccine may be developed by the end of this year. Researchers have been vaccinating hundreds of mice with different versions of their vaccine, and they're making their decision soon.

Although researchers have been given much confidence, there are still many unknown things about the virus, so it may take a while. They still do not what level of immunity it will give to people who have already been affected by the virus, or whether they could catch it again. They also do not know if it the patient will receive protection for a long period of time.

There are still things we do not know about the coronavirus yet, but scientists have been working very hard and hoping for an end to the virus. There are new strains of COVID they still may not know about, but there is a variety of different vaccines to be tested among other citizens. They're just hoping that one of them turns up as a proper vaccine.

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Editorial: 7th grader reflection

Kyan Pulido

For the end of this year, I felt like it would be ok but I didn't know when quarantine was going to end. Hopefully it will end soon, because I would not like to spend my summer indoors.

I would like to spend it by swimming and having fun in general. I think next school year would be a better year but I am not a psychic so I don't really know. I am really looking forward to the quarantine ending because I'm just losing my mind.

I want to go to the park all the time with my friends again. There's honestly nothing to do anymore. I wake up every day, go to the bathroom, brush my teeth, eat, take my dog for a walk, do homework and then

When the school year is over, I will at least have no homework. I am hoping that next year will not be as bad as this year.

Mr. Hoverter makes the best out of teaching at home

Kirsten Hoang Reporter

Everyone was expecting an announcement last March from the district about whether or not the school would temporarily be closing down. On April 2nd, Governor Newsom stated that schools in Alameda County would continue to be closed for the rest of the school year.

Hoverter, Mr. the department head for special ed, explained that teaching at home is much more difficult than when schools were open. He found that communicating clearly students and families is extremely crucial now.

"I definitely miss going to school and teaching my students," Hoverter stated. "I prefer to work with students in the classroom."

He stays motivated to do the best he can. Hoverter wants to provide some stability in the students' lives.

During quarantine, he found creative, new ways to keep busy. His wife made sourdough bread and pizza. "Before quarantine, I cooked every day. I am still cooking every day but some ingredients are harder to find," commented Hoverter.

"I am eating more ice cream than I usually do," he added. He has not used any food delivery services as he is trying to support local businesses.

As the days get hotter, and summer comes by, Hoverter regrets that he did not install air conditioning in his house, and he wishes to go to the beach soon once the lockdown has lifted.

Ms. Kent-Berge keeps herself busy during pandemic by using her many talents

Isabella Hembruch Editor

Ms. Kent-Berge has been the librarian at Walters for the past 20 years. She lives with her son, his fiancee, two cats, and a deaf-blind dog. Her hobbies include reading, sewing, and cooking.

Ms. Kent-Berge loves doing anything with fabric; sewing clothing and quilts, knitting, crocheting, and cross stitching. Her mother taught her to sew and knit when she was about 8 or 9. She is now using that to stay busy. She really likes making scrap quilts, which are colorful quilts made from different scraps of fabric.

Currently, she is doing her 4th mystery quilt. New instructions for the mystery quilt are given to her every week; she has no idea what the quilt will look like until the last step is revealed. All she knows

is that it will be a twin blanket completes about 2-3 books in baby blue, grey, and dark each week on her Kindle green. She is also making and through Audiobooks. masks and giving them to her She is unable to get any friend who works in the paper medical field.

While she sews, Ms. Kent-Berge watches comedy shows and how-to shows. She weight of the book, and stated, "All I do is sew right being able to find my place now. My [sewing] machine without having to swipe and and fabric have taken over the count." dining room."

she isn't able to do everything started when she was about she would like to do. For fun, 10. She has been baking a she normally teaches a sewing lot more since the start of class, but that has been the quarantine. Right now, cancelled.

Also, she isn't able to once work on the pair of socks she sandwiches. had started to knit. Her friend is helping her with the project, but they can't see each other to complete it, so the yarn just round sits in a drawer.

Kent-Berge's hobbies reading, which she has a lot share it with you. Bread is more time to do now. She life."

books since the library is closed. and explained, "I do miss the feel of paper. I miss the

Also, Ms. Kent-Right now, however, Berge loves baking. She she bakes bread at least week а

Kent-Berge Ms. ٠٠T finally said, have mastered making those sourdough loaves which are hard on the Another one of Ms. outside but soft and airy on is the inside. I wish I could



Photo from Ms. Kent-Berge Ms. Kent-Berge keeps herself busy during quarantine by sewing, baking, and reading, for course.

Furthermore, she has been using baking as a way to get to know her son's fiancee better. They have been cooking, baking cakes, sharing recipes, and tweaking techniques together.

Through her hobbies, Ms. Kent-Berge has been staying busy and enjoying her time in quarantine.

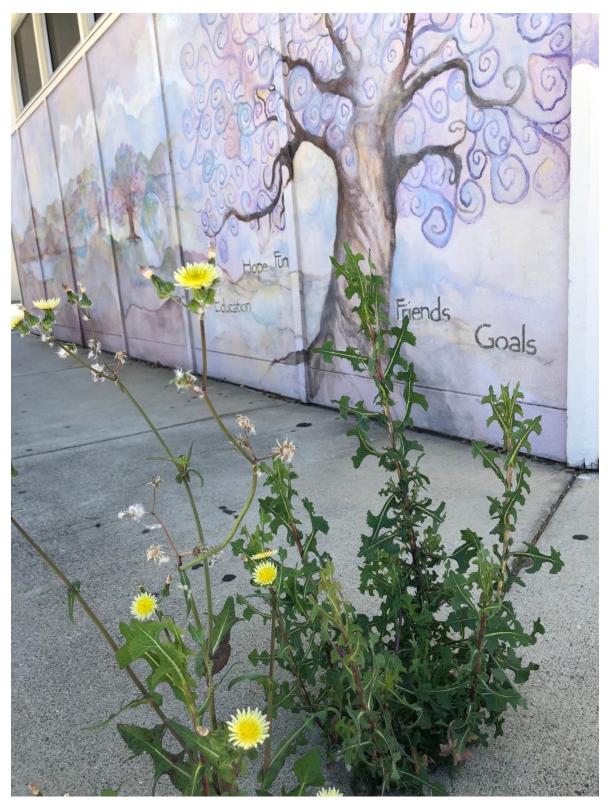


Photo by Ms. Yuen

A Dandelion grows in Walters

Thanks for reading the Warrior Chronicle. We've endured an all-digital newsroom for three months. We hope to be back in the classroom next year, doing live interviews, taking photos, and posting newspapers around campus.