



AZEVADA ELEMENTARY SCHOOL
February 2020

All Star News



39450 Royal Palm Drive, Fremont, California 94538 (510) 657-3900

www.fremont.k12.ca.us/Azevada

如果您需要這份中文版的文件，請到學校辦公室洽詢。

Mrs. Carole Diamond, Principal
cdiamond@fusdk12.net

Mrs. Frances Herup, Secretary
pherup@fusdk12.net

Mrs. Roberta Tiwanak, Office Assist.
rtiwanak@fusdk12.net

Hello Azevada Families:

Azevada is beginning to GO GREEN! We will no longer be printing and distributing the monthly school newsletter on paper. Instead we will be posting the monthly newsletter on our website on the first Friday of each month. On the same afternoon, families will also receive the monthly newsletter via a Bright Arrow announcement. If you would like to receive a paper copy of the monthly newsletter, please stop by the Azevada office.

February is already here and we are very busy at Azevada! A very special thank you to all of our teachers and parents who worked hard to create our Lunar New Year Carnival this week! Our students enjoyed the many booths that allowed them to learn and participate in some special activities related to the New Year. We also enjoyed the Lion Dance assembly that followed the Carnival.

This coming Tuesday, February 11, 2020 we will be hosting a very special event at Azevada where we will all have the opportunity to give back to our community. We will be packing nutritional food packs with Kids Against Hunger on this day from 8:30-11:30am.

To make this event successful, we need many, many adult volunteers who can help us during the event. All adult volunteers will be trained beginning at 8:00am on this day. We ask that our adult volunteers be available to stay with us for the entire event (8:00am - 11:30am). If you would like to come help us pack nutritional food packs, please sign up using the "Sign-up Genius" link that is included within this newsletter. We hope that everyone considers coming to Azevada to help us during this great volunteer give-back opportunity!

We also have a lot to be proud of at Azevada! Several of our Azevada All Stars have placed in our recent FUSD 2020 Young Author Fair! And one of our Azevada All Stars will be representing FUSD and Azevada at the upcoming County Spelling Bee! Please review the newsletter for the exciting news!

Please be sure to also review this entire newsletter and the included school calendar. We have many events planned this month and we would love to see all of our Azevada families at them!

Mrs. Carole Diamond, Principal

Spelling Bee News!

A very special congratulations to Valentina F. (grade 6) who placed 4th in our District Spelling Bee. Valentina will be representing Fremont Unified School District and Azevada at the County Spelling Bee! Best of luck to you, Valentina!

Azevada Calendar of Events (subject to changes)

FEBRUARY	TIME	LOCATION	COMMENTS
Feb. 12	8:30am - 1:20pm		Mini Day Grades 1-6
Feb. 13	3:30-4:30 = Girls 4:30-5:50 = Boys	Brier ES	Basketball Game #4 of 5
Feb. 13	6:00 - 8:00pm	Cafeteria	PTA "Be Internet Awesome" Family Event
Feb. 14			Valentine's Day
Feb. 14	8:45 – 9:45am	Cafeteria	Azevada's Morning Chat
Feb. 17	No School		President's Day Holiday!
Feb. 18 - 21			Science Camp for grade 5 students
Feb. 19	8:30am - 1:20pm		Mini Day Grades 1-6
Feb. 20	TBA	TBA	Hearing & Vision Screening, This event may be rescheduled.
Feb. 21	6:00 - 8:00pm	MPR	PTA Bollywood Family Dance Event
Feb. 25	3:15 – 4:15pm	Library	SSC + ELAC Meeting
Feb. 25	3:30-4:30 = Girls 4:30-5:30 = Boys	CSD	Basketball Game #5 of 5
Feb. 26	8:30am - 1:20pm		Mini Day Grades 1-6
Feb. 27	See Times	MPR	Zun Zun Water Conservation Musical Assembly 10:45am = AM-K, Grades 1, 2 and 3 + Rm. 29 1:15pm = PM-K, Grades 4, 5 and 6 + Rm. 26 + Rm. 27 Rooms 8, 9 and 10 may attend either assembly.
Feb. 27	3:00 – 5:00pm	TBA	FUSD Young Author's Awards Ceremony
Feb. 28	6:30 – 7:30pm	Library	PTA Meeting

Azevada Young Author Fair Winners

Congratulations to all of our students who submitted a Young Author book this year! And a very special congratulations to the following Azevada All Stars who placed in the 2020 FUSD Young Author Fair

Grade 2	Grade 4	Grade 4	Grade 5
Name: Kaylee T.	Name: Amanda C.	Name: Emily L.	Name: Clara M.
Title of Book: Sammy the Skunk 2nd place Winner	Title of Book: Bay Area Blackout 1st place Winner	Title of Book: Animal Party 2nd place Winner	Title of Book: My Day 3rd place Winner

Walters Middle School 5th Grade Parent Information Night

Walters Middle School will be hosting Parent Information Night in their Multiuse room on Wednesday March 4th. This is an opportunity for parents specifically to get information, ask questions and meet other parents and staff.

Registration packets will be mailed home directly from Walters.



School Year 2020-2021 Residency Verifications Forms will be mailed to your home on Monday February 10 from the district offices. This form guarantees you a spot at Azevada next year. The form is due at our office no later than Friday, February 28. The form must be signed by a parent/guardian and returned to your current school along with residence verification information no later than February 28, 2020. The parent/guardian must attach two (2) different proofs from the following items listed.

- **If Homeowner – 2019/20 property tax statement, current mortgage statement, or final close of escrow letter**
- **If Renter - Current rental property contract, lease, or payment receipts**
- **Utility service contract or statements**
- **Pay stubs**
- **Correspondence from a government agency**
- **Voter registration card**

Hopkins Junior High School

Home of the  Hopkins' Hawks

Sixth Grade Parent Information Night

Wednesday, March 18, 2020
6:00 PM - 7:00 PM
At Hopkins Gym

Sixth Grade Spanish & Mandarin Immersion Parent Information Night

Thursday, March 19, 2020
6:00 PM - 7:00 PM
At Hopkins Gym

Math Placement Parent Night

Monday, March 23, 2020
6:00 PM - 8:00 PM
Hopkins Gym and M-1

Hopkins Open House

Wednesday, April 29, 2020
6:30 PM - 8:30 PM
Hopkins School



SUMMATIVE ELPAC

The Summative English Language Proficiency Assessments for California, or "Summative ELPAC," is the test used to measure how well students understand English when it is not the language they speak at home. Information from the ELPAC tells your child's teacher about the areas in which your child needs extra support.

This spring, your child will take the Summative ELPAC.

Students in kindergarten through grade twelve who are classified as English learners will take the Summative ELPAC every year until they are reclassified as proficient in English. Students are tested on their skills in listening, speaking, reading, and writing. Your child's voice is being recorded as part of the Speaking test. A small percentage of student responses will be used to validate the accuracy of scoring and will not be used for identification. All recorded responses will be destroyed after the scores are validated.

You are an important part of your child's education. To help your child get ready for the test, you can:

- Read to your child, or have them read to you on a regular basis.
- Use pictures and ask your child to tell you what they see, or what is happening in each picture.
- Provide your child with opportunities to use language outside of school.
- Talk with your child's teacher about your child's listening, speaking, reading and writing skills to help support their progress.

To learn more about the ELPAC, go to the California Department of Education Parent Guides to Understanding Web page at <https://www.cde.ca.gov/ta/tg/ca/parentguidetounderstand.asp>.

You also can look at sample test questions on the practice tests, which can be found on the ELPAC Web site at <https://www.elpac.org/resources/practicetests/>.

If you have any questions about your child taking the ELPAC, please contact

School administrator name and contact information

2020/2021 TIMELINE FOR FREMONT UNIFIED SCHOOL DISTRICT ELEMENTARY SCHOOL REGISTRATION

November 18 – February 10 Sibling Priority Packet Pick-Up	For a Priority Seat, Parent/Legal Guardians pick up Enrollment Packets for TK-5/6 Grade siblings of current TK-5th Grade enrollees only. <u>Irvington and Kennedy Areas are TK-4th grade.</u> Pick up packets at your home school.
December 2 – February 21 Sibling Priority Enrollment Appointment Period	By appointment, Parents/Legal Guardians return completed Sibling Enrollment packet to Student Support Services, 4210 Technology Dr., Room 160. Language Immersion & Science Magnet Program Applications are included in sibling packets.
December 2, 2019 – February 21, 2020 TK/K Priority Enrollment Appointment Period	Priority enrollment begins for all new TK/K students. Language Immersion & Science Magnet Program Applications are included in packets.
Language Immersion Program Application <ul style="list-style-type: none"> • Website opens November 18 • Must complete by February 20, 2020 	Language Immersion Program Applications are available at all elementary schools and at Student Support Services. Completed forms must be submitted to Student Support Services. Mandarin Program offered at Azevada Elementary Spanish Program offered at Blacow, Grimmer and Vallejo Mill Elementary Schools
Science Magnet Program Applications	Science Magnet Program Applications are available at all Elementary Schools and at Student Support Services. Completed forms must be submitted to Student Support Services. Science Magnet Program offered at Mattos Elementary
February 10 – March 6, 4:30PM Intra-District Transfers – Continuing Students	Pick up Intra-District Transfer form at any school site, and return completed form to current school of attendance (where student is enrolled) for processing. Student Support Services will review transfers and letters will be mailed to parents/guardians and schools. <i>Transfers received after March 6, will be reviewed and processed <u>after</u> overloaded students have been placed.</i>
February 10 Residency Verification Form Mailed; Due to school 2/28	Residency Verification Form mailed home to parents/legal guardians of continuing students. Parents/Legal guardians return forms to the current school site of attendance by 2/28/2020 to secure a seat for the following school year.
February 26 – March 13 Immersion Program Applicants Notified	Mandarin Dual Immersion/Spanish Dual Immersion parents/guardians will be notified via email if accepted. A wait list will be created for those students who did not get into the program.

FULL - Timeline for 2020/2021

<https://drive.google.com/file/d/1akJphekhhkPYAWIQpQ5yRMzu4yCULYskC/view>

Information from FUSD about Coronavirus

We understand that many of you are worried about the developing news regarding the coronavirus and want to assure you that we are continually monitoring the situation. Unfortunately, some misinformation has been spreading on social media that is inaccurate and causing fear. While there are now some reported cases in the Bay Area, to date, there are no confirmed cases in Alameda County and Fremont residents are at low risk of becoming infected. Regardless, we take the safety and well-being of our students very seriously.

FUSD remains in contact with the Alameda County Department of Public Health (click here for the latest update) and we will let you know if anything changes in the direction we are being provided. There are no extra precautions being recommended at this time. We are aware of some districts in the South Bay instituting voluntary quarantines for families recently returning from China and are awaiting guidance from Alameda County on that possibility. We will provide any updated information as soon as it becomes available.

We ask for your assistance in preventing the spread of any illness by encouraging healthy practices such as washing hands frequently and covering coughs, as well as keeping your child home if not feeling well. Please follow the recommendations in the links below to prevent the spread of any illness. All healthy children should attend school as normal.

We understand and share the heightened concerns regarding this matter and will respond immediately to any new information or recommendations to keep our students and staff safe and healthy. Please contact Student Support Services at 510-659-2514 if you have any questions.

**More Info: [Coronavirus Update](#) | [冠狀病毒 更新](#)
[February 4, 2020](#)**



IMPORTANT INFORMATION ABOUT LICE

In the last several years, there has been an increase in the number of cases of pediculosis (head lice) found in Alameda County. Many of the schools in Fremont have had scattered cases. Children with head lice will be sent home from school as soon as possible to start treatment. Parents will be contacted when head lice is found and instructions for treatment are given to the parents. Students with nits only will not be excluded from school. The responsibility for the treatment of head lice rests within the home. Students may return to school upon satisfactory treatment and after there is no visible lice upon re-examination. The goals of treatment are to contain the infection, to prevent overexposure to potentially hazardous chemicals, to minimize school absence, and to maximize the opportunity for student academic achievement.

Parent Satisfaction Survey 2020

Fremont Unified School District values the input of our parents and guardians. Thank you for taking the time to complete the survey. Your responses will help guide district plans for 2020-2021. Use the links on the FUSD or our website, or enter the link below. Survey window ends February 21, 2020.

English: <https://forms.gle/MaU5hzeBZwtCi56F7>

Spanish: <https://forms.gle/vVAjf4VakaLpeJbBA>

Mandarin: <https://forms.gle/ZynNh2viktm7pVTf9>

Volunteering at Azevada

FUSD recently deployed a volunteer approval system and Azevada needs all school volunteers to use the online portal to be an approved classroom/on-campus volunteer, study trip chaperone, or a study trip driver. Please make sure you go to the front page of the Azevada website and click on this icon:



Follow the prompts to create an account and submit your application. If you are applying to be a study trip driver chaperone or overnight chaperone, the forms needed are in the Resources Tab in the CiviCore portal. Approvals are emailed to the volunteer from the CiviCore system, so be sure to check your email (maybe spam folder) for updates. Azevada has already had volunteers use the system to be approved to be a study trip driver, a study trip chaperone or a classroom volunteer —applying is easy so don't delay and join today.



Be Internet Awesome Family Workshop



Bring the family and join us for an important conversation about internet safety and digital citizenship guided by Google. Children are welcome! Dinner will be provided.



WHERE: Azevada Cafeteria
WHEN: February 13, 2020
TIME: 6-7:30pm

Please RSVP at:

<https://tinyurl.com/AzevadaSafeInternet>



*** Dinner will be provided ***

Kids Against Hunger®

Feeding families around the world...and around the corner.

Azevada Elementary School-Wide Food Packing Event!

**February 11, 2020
(8:00 a.m. – 12:00 noon)**

We need Adult Volunteers!

On February 11, 2020 we will be having a Food Packing Event at Azevada. This is a huge school-wide event and all of our K – 6th grade students will be participating. To make this happen, we need a LOT of adult volunteers! (We need to have 40 or more adult volunteers to help with this event! If we do not have enough adult volunteers, then we will have to cancel this event!)

Please consider volunteering your time for this important event.

If you are able to help us on this date, we ask that you be available for the entire event. (8:00am – 12:00noon) We also ask that all adults arrive to the Azevada MPR at 8:00am on February 11, 2020. Adult volunteers will be trained before the event begins with students.

If you would like to join us for this important event, please sign up using the link below:

<https://www.signupgenius.com/go/9040E4AA5A923A2FA7-kids>

Thank You!

Your generous donation of time will help our students pack meals to support those less fortunate locally and around the world via Kids Against Hunger partnerships with humanitarian organizations.

Kids Against Hunger®

Feeding families around the world...and around the corner.

Azevada Elementary

Food Packing Event!

February 11, 2020 at 8:30 a.m.

Your generous donations will help our students pack meals to support those less fortunate locally and around the world via partnership with humanitarian organizations.

Students are encouraged to earn a minimum \$15 to help feed two children for a month.

(See other side)

Donation is voluntary but will greatly help to pay for the meals your students will be packing.

Each meal costs 25 cents, so every \$25 raised will feed 100 children.

The 2nd – 6th grade students will assemble the fortified soy/rice casserole-style meals at school.

TK to 1st grade students will decorate the food bags with caring messages for the needy.

Read more about us and see a Fremont school packing event clip at

<https://kahfremont.org/>

Please bring your donations to your teacher by **Monday Feb. 10th**

-
- FEED 2 CHILDREN FOR A MONTH for \$15
 - Provide 100 Meals to Hungry Tummies for \$25
 - FEED _____ for \$_____

Come join the schoolwide packing event. Adult volunteers are needed to help make this a successful event! Check <https://www.signupgenius.com/go/9040E4AA5A923A2FA7-kids> to signup or email fherup@fusdk12.net

Kids Against Hunger®

Feeding families around the world...and around the corner.

- Donate via Check (Payable to "Kids Against Hunger"), Cash, or PayPal at <https://www.paypal.me/kahfremont> (Please denote "2/11/20 Azevada Packing Event", Classroom#, Student Name in the PayPal comment)

Please include email below if you wish to receive a tax letter receipt

Note: Tax Donation letter only sent for donation over \$50 (Please print name & email clearly)

Parent Full Name: _____ Email: _____

My Chore Chart! Student Name: _____ Class # _____

Try to earn money from your parents by doing chores around the house! Chores can be things like cleaning your room, washing the dishes, putting clothes away, or helping to make dinner. Work with your parents to fill out your chore chart and try to earn at least \$15 from them to donate to Kids Against Hunger Fremont to help pay for the meal supplies you will be packing!

What I did	On what day	How much I earned

Total amount earned:

Please bring your donation by Monday February 10th

Home & School

CONNECTION®

Working Together for School Success

February 2020

Azevada Elementary School

Mrs. Carole Diamond, Principal



SHORT NOTES

Measure up

Who can make the longest “inchworm”? Your child will practice measuring with this game. Take turns rolling a die. Using a ruler, measure a “worm” out of clay to match the number rolled (roll a 2, make a worm 2 inches long). Add to the worm on every turn. The player with the longest worm after five rolls wins.

Make time for family meals

Research shows that family meals can improve your youngster’s well-being and help him do better in school. Look over your schedules each Sunday to find times when everyone can eat together. If one parent is working late on Wednesday and can’t make dinner, for instance, plan to meet for a nice breakfast instead.

DID YOU KNOW?

Asthma is a leading cause of school absences. If your child has asthma (or another chronic medical condition), talk to her doctor and the school nurse about ways to ensure good attendance—and good health. Examples might include avoiding triggers like dust and mold and taking medication as directed.

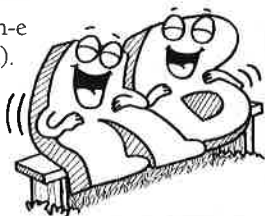
Worth quoting

“The most wasted of all days is one without laughter.” *e. e. cummings*

JUST FOR FUN

Q: How many letters are in the alphabet?

A: Eleven (t-h-e a-l-p-h-a-b-e-t).



We respect each other

Being respectful is more than just using good manners—it means treating people the way you want to be treated. Keep these ideas in mind to help your whole family focus on respect.

Use peaceful tones

It’s a fact that shouting often leads to more shouting. Ask your child to speak in a normal tone to show respect for the person he’s talking to—and for everyone around him. If he starts yelling, speak to him in a whisper. He’ll likely lower his voice to match your volume. Or if he shouts from another room, wait until he comes to you so he learns that you don’t respond to yelling.

Avoid making assumptions

Your youngster can respect others’ feelings by giving them the benefit of the doubt. For example, encourage him to rephrase an accusation like “Who took my water bottle?” Instead he could ask, “Has anyone seen my water bottle?”



That’s more respectful because it won’t make anyone feel accused or defensive.

Accept different opinions

With your child, role-play ways to respect opinions that are different from his own. He might start a sentence with “That’s one way to look at it, but I think...” or “A lot of people would agree with you. In my opinion...” If a conversation is getting heated, he could simply say, “Let’s agree to disagree and talk about something else.”♥

My studying tool kit

Developing strong study skills now will help your youngster throughout elementary school and the rest of her school career. Suggest that she add these tools to her studying tool kit.

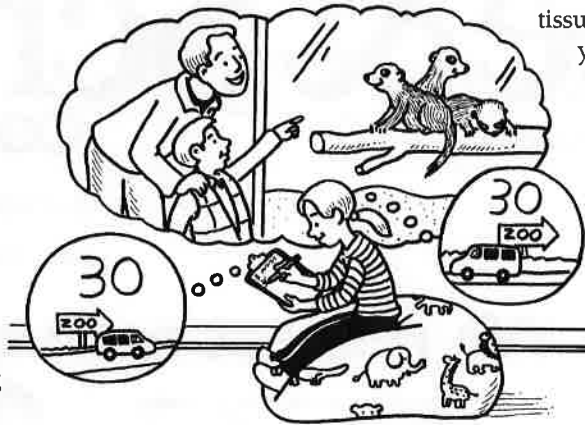
- **Color:** Let your child use highlighters to color-code her notes for easy reference. Perhaps she’ll highlight dates in yellow, people’s names in pink, and vocabulary terms in blue.
- **Recordings:** Encourage your youngster to record herself asking questions about the material. She can hit “play” to hear the questions and “pause” to give each answer.
- **Sticky notes:** Your child could write a one-sentence summary of each textbook section on a sticky note, then use the notes to bookmark the section.♥



Here's how I use math!

Give your child real-world reasons to use math—she'll see connections between what she's learning in school and what she enjoys in everyday life.

Do a craft. Maybe your youngster would enjoy knitting or making friendship bracelets. In each case, she'll count and work with patterns. Or she could explore shapes and symmetry with



tissue-paper mosaics or origami. Let her tell you about the math in her project.

Examples: "The pattern for this hat is knit 2, purl 2, knit 2, purl 2." "My mosaic has hexagons, right triangles, and trapezoids."

Plan an outing. Whether you're running errands or going to the zoo, your child can use math to plan your schedule. Say you have three hours for a zoo trip. Your youngster wants to see the parrots, and her brother wants to visit the meerkats. Ask her to calculate how

long it will take to drive to and from the zoo, then figure out how long you can spend at each exhibit. Remind her to allow time for walking from one area to the next.♥



A vivid vocabulary

"Draw a magenta bird with a plethora of polka dots and a quirky tail playing a harmonica." Would your youngster know what to draw if you gave him those instructions? Try this fun art project to help him learn new words.

1. Together, flip through a book or magazine and pick out words that you each think look interesting.
2. Write the words on separate slips of paper, and mix up the slips in a bowl.
3. Take turns pulling three words from the bowl and using them to describe something for the other person to draw. *Note:* Check a dictionary if you don't know what a word means.



4. Let your child describe his finished picture to you—he'll practice using the new words.♥

PARENT TO PARENT

Good classroom behavior

Yesterday I received an email from my son Simon's teacher saying she had to move his seat because he talks too much in class. I replied to ask whether there should be a consequence at home, too.

Mrs. Roberts said she emailed me because she wanted Simon to know that she and I work together to help him succeed. She wasn't asking me to punish him, but she suggested that I might speak to him.

Simon complained that his friends start the conversations. I pointed out that he didn't have to respond, and I asked him what he could do next time. He said he will keep his eyes on the teacher or his work and talk to his friends at recess.

I'm glad his teacher told me what was happening. Now she and I will stay in touch to help Simon behave better in the future.♥



Q & A

Your child's IEP review

Q: I have a meeting next month to review my daughter's Individualized Educational Program (IEP).

Any tips on how to get ready for it?

A: The first step is knowing what's in your child's IEP. Ask for a copy if you don't have one. There's a lot of information in there, so before the meeting, try to read over her goals and her accommodations (tools and strategies to help her). Jot down

questions about anything you don't understand, and ask for explanations during the meeting.

Also, write down what you want to tell the IEP team about your daughter. Perhaps she struggles with certain subjects at homework time or sometimes has meltdowns.

Finally, plan to take notes during the meeting. That way, you can refer back to what you wrote and follow up with your child's teachers.♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
800-394-5052 • rfeustomer@wolterskluwer.com
www.rfeonline.com

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Kindness and Compassion

Performing simple acts of kindness and compassion encourages your child to think of others and makes her feel good about herself—a one-two punch that also helps to prevent bullying. Try these ideas to inspire your youngster to be a kind and compassionate person.



AT HOME

What do kindness and compassion look like? Use these activities to help your child spot kindhearted actions in her daily life.

Make a reminder

Look up *compassion* and *kindness* in the dictionary together. Then, have your youngster collect quotations about these qualities from books or websites. *Example:* “Always try to be a little kinder than necessary.” —J. M. Barrie. Ask your child to invent



her own sayings, too, such as “Be a ray of sunshine and brighten someone’s day.” Next, let her use her favorites to create a place mat. She can write the quotes graffiti-style on construction paper. Slip the paper into a plastic sheet protector so her place mat lasts longer. *Tip:* Suggest that your youngster spread the compassion message by making a place mat for each family member.

Catch kindness

Show your child how much kindness happens around him every day—he’ll see ways he can be kind, too. Have him make a label to stick on a clean, empty jar. It might say “Be kind” or “We’re a kind family.” Place the jar in an easy-to-reach location

continued

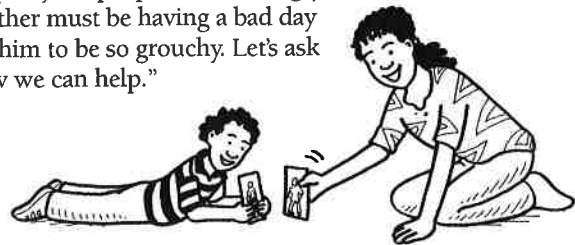
The anti-bullying connection

Empathy is a powerful tool against bullying. When children can imagine themselves in another person’s shoes, they’re less likely to be bullies and more prone to step in if someone else is bullied. These strategies will help your youngster consider how other people feel:

- Using pictures in magazines, take turns inventing scenarios that encourage you to put yourselves in another person’s place. *Example:* “Someone tripped this boy on the playground. How would you feel if that happened to you?”
- While watching videos or reading, point out when one character shows empathy for another. “George could see

how sad Lucy was when those kids were teasing her. I’m glad he stood up for her.”

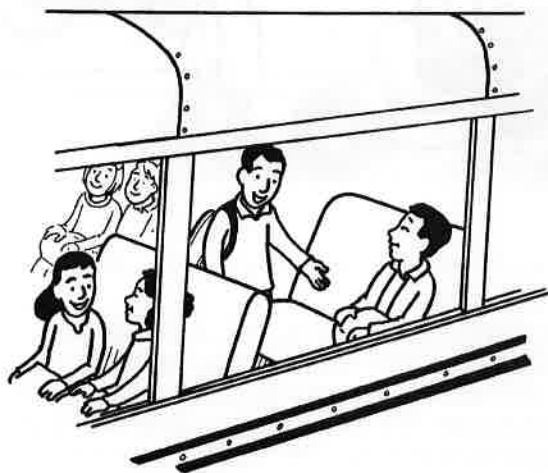
- Think aloud to help your child understand how to show empathy for people who act angry, rude, or mean. “Your brother must be having a bad day for him to be so grouchy. Let’s ask how we can help.”



along with slips of colored paper and a pen. Now tell everyone in the family to add a note to the jar when they “catch” someone being kind. For instance, “Dad made soup for me because I didn’t feel well” or “Jeremy cleaned up the dog’s muddy paw prints so Mom didn’t have to do it.” Once a week, read the slips aloud. Then, start a new batch.

AT SCHOOL

When students are kind and compassionate, there is more learning and less bullying. These ideas can help your youngster be a caring classmate.



Welcome someone new

Have your child think about what it feels like to be the new kid. You might remind him how he felt on his first day somewhere. Maybe he was afraid the kids at basketball camp wouldn’t like him or that he’d have no one to play with at an after-school program. Then, help him think of ways to make things better for a new student. For example, he could sit with the classmate on the bus or invite him to join a kickball game at recess.

Share a compliment

While your youngster doesn’t have to be best friends with everyone in her class, she does need to be nice to them. Encourage her to focus on each person’s strengths instead of reasons she might not like them. Try prompting her with questions like “Who is a good athlete?” or “Who draws cool pictures?” Suggest that she use those answers to give compliments. For instance, in art class, she can tell a classmate she likes his painting. After a spelling bee, she could congratulate the winner. She may be surprised to see that a few nice words will encourage others to be kind, too.

AROUND TOWN

When your youngster regularly puts others first, kindness and compassion become second nature. Take advantage of big and small opportunities for her to make a difference in the community.

Pay it forward

Make it a family policy to do two kind things for each one done for you. Be sure to let your child know that even small things count. Someone might hold the door open for her to enter a restaurant, for example. To pay the kindness forward (twice), your youngster could hold the door for another person—and offer to get an elderly couple’s order when it’s called.



For times when she can’t pay it forward right away, your child can watch for chances to catch up during the day.

Encourage a can-do attitude

In tough situations, your youngster may want to show compassion but feel that his actions won’t make a difference. For instance, he might want to help a neighborhood family who lost everything in a house fire. Remind him that while some things are too big for him to fix completely, there’s still plenty he can do. Then, brainstorm ideas together. His list could include everything from donating clothes from his own closet to bigger things like having a yard sale to raise money for the family.

