



AMERICAN HIGH SCHOOL

Fremont Unified School District

36300 Fremont Boulevard
Fremont, California 94536
(510) 796-1776
<http://ahs-fusd-ca.schoolloop.com>

American High School supports any student who wishes to accept the challenge of Advanced Placement (AP) courses. Please remember that **Advanced Placement classes are college level courses.** With this challenge comes certain expectations regarding the maturity and capabilities of the enrolled students. Students should be motivated to take an AP class by an appreciation for the subject. Students who are overextended with academics and/or extracurricular activities should give careful consideration to whether they have time to devote to an AP class and also to the number of AP classes that they can successfully complete. **American High School suggests a maximum of two AP classes per semester.**

Students who enroll in an AP class are expected to:

1. Be independent learners, willing to read, learn, ask questions, pursue outside reading and research, integrate and discuss material from diverse sources.
2. Meet any prerequisites prior to enrolling in an AP course as outlined in the FUSD course catalog.
3. Prepare for and take tests on time.
4. Accept that enrollment in an AP course does not guarantee an A or B grade.
5. Spend a significantly greater amount of time on work outside of class compared to peers in non-AP classes.

Students who enroll in an AP course and their parent/guardian must sign the following written contract:

1. I recognize that I have to demonstrate independence and responsibility. AP courses typically require more homework compared to non-AP college-prep courses. (for each AP class, approximately 40 minutes per night or 3 hours per week)
2. I commit to remain enrolled in the AP courses I have chosen for the entire year. If special circumstances arise and I request to drop an AP course, I understand that there may not be space available in a college-prep or other elective class.
3. I understand that American High School does not recommend students to take more than **two AP classes** per semester each year.
4. I acknowledge there is no summer school opportunity or online remediation if I perform poorly in an AP class.
5. I agree to uphold American High School's Academic Honesty Policy.
6. I will speak with my parent/guardian, teacher, or school counselor if I start feeling overwhelmed with my academic workload.
7. I will complete the Time Management Planner located on the back of this form to the best of my ability and use this tool in selecting my courses to maintain a balanced life.

Student Signature

Date

Parent/Guardian Signature

Date

Student Name (Printed): _____

AP Courses I plan on taking (AHS recommends a maximum of 2):

1. _____
2. _____

Additional AP Courses I would like to take:

1. _____
2. _____

Time Management Planner

School Activities	Average Number of Hours
School day	7
List each course title below	Number of Homework Hours Per Class Each Night
English:	
Social Studies:	
Math:	
Science:	
Elective:	
Elective:	
0/7 th period Elective:	
Total school hours	

Extracurricular Activities	Average Hours Per Day
Clubs	
Hobbies/Lessons/Leadership	
Community Service	
Sports	
Paid job	
Other:	
Total extracurricular hours	

Daily Living Activities	Average Hours Per Day
Sleep (9 hours recommended by experts)	
Necessities (eating, showering, chores, etc)	
Family Time	
Getting to/from school (walk, bus, car ride, etc)	
Free time (friends, TV, phone, video games, etc)	
Other:	
Total daily living hours	

<p>Total Hours</p> <p>School Hours = _____</p> <p>Extra-Curricular Hours = _____</p> <p>Daily Living Hours = _____</p> <p>Your total hours = _____ vs →</p>	<p>Maximum Hours</p> <p>24</p>
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