

WELCOME



**WHS COLLEGE AND CAREER/
COUNSELING PRESENTATION**

CLASS OF 2022-23!!

Have you started thinking about
LIFE AFTER HIGH SCHOOL?



LIFE AFTER HIGH SCHOOL

university?



Community College?



Start Working?

Military?



Gap Year?

Trade or Vocational School?



Become YouTube Famous?



I honestly have no idea...



STUDENTS~START ASKING YOURSELF...

- Who am I?
- What do I value? What's important to me?
- What are my interests and hobbies?
- What are my career and/or long-term goals?
- What kind of lifestyle am I aiming for?
- How much will it cost to be me?
- Where do I start?

GRADUATION REQUIREMENTS

ENGLISH	40 units
MATH <i>(Algebra I)</i>	30 units
SCIENCE	20 units
SOCIAL SCIENCE	30 units
P.E.	20 units
HEALTH	5 units
FINE ART / WORLD LANGUAGE / CAREER TECH	10 units
ELECTIVES	75 units
TOTAL UNITS	230 units

SERVICE LEARNING HOURS:

Service Learning Updates

(10 for every year you are an FUSD student)

WHS ELECTIVES:

(including AP and Honors courses)

WHS AP & HONORS

"C" OR BETTER!
CSU 2.5 GPA

A-G REQUIREMENTS

"C" OR BETTER!
UC 3.0 GPA

CALIF. STATE UNIVERSITY

A.	SOCIAL SCIENCE	2 years
B.	ENGLISH	4 years
C.	MATH (<i>Algebra 2 or higher</i>)	3 years
D.	LAB SCIENCE (<i>Biological + Physical</i>)	2 years
E.	WORLD LANGUAGE	Level 2
F.	VISUAL PERFORMING ARTS	1 year
G.	COLLEGE PREP ELECTIVE	1 year

UNIVERSITY OF CALIF.

A.	SOCIAL SCIENCE	2 years
B.	ENGLISH	4 years
C.	MATH (<i>Trig or higher</i>)	4 years
D.	LAB SCIENCE (<i>Bio, Phys, + higher</i>)	3 years
E.	WORLD LANGUAGE	Level 3
F.	VISUAL PERFORMING ARTS	1 year
G.	COLLEGE PREP ELECTIVE	1 year

Path to College

JUNIOR HIGH SCHOOL:

Begin taking classes to prepare for High School College Prep classes



HIGH SCHOOL:

Take the most rigorous College Prep courses you can do well in. Strive to earn grades of "C" and higher in College Prep Math, Science, English, Social Science, World Language

COMMUNITY COLLEGE:

*Earn a Certificate Degree and enter the work force.

*Earn an Associate's degree (2-3 years) that prepares you to enter a career.

*Some California CC's are now offering specialized Bachelor's Degrees.

COMMUNITY COLLEGE:

Spend 2-3 years meeting transfer requirements while completing freshman & sophomore years of college

COLLEGE or UNIVERSITY:

Meet or exceed the College Prep (a-g) requirements to attend a 4 year college following high school to earn a Bachelor's degree

Transfer to a 4 YEAR UNIVERSITY

Begin at a University as a junior and declare your major. Complete 2-3 years to earn a Bachelor's degree

Length of time attending Community College or University varies depending on student commitment, availability of classes, declared major and other factors.



WHAT ARE
THEY
LOOKING
FOR?



	COMMUNITY COLLEGES	UNIVERSITIES	JOBS / CAREERS
High School Diploma	✓	✓	✓
Overall Transcript		✓	
GPA		✓	
SAT / ACT Scores		TBD	
Extracurricular Activities		✓	✓
Writing Skills	✓	✓	✓
List of References		✓	✓
Overall Personality		✓	✓

have you "Googled" yourself?

WHS COLLEGE & CAREER CENTER

College & Career Specialist

Mrs. Ponsen

mponsen@fusdk12.net

- **College & Career Advising**
- **Summer Programs & Opportunities**
- **Application / Job Resume Support**
- **Military Service & Recruitment Info.**
- **Trade Info., Apprenticeships & Work Opportunities**
- **Mission Valley Regional Occupational Program (MVROP) Liaison**
- **Essay Assistance, Academic Evaluation, College Lists & Online College Visits**
- **UC Application, CSU Apply & CCC Apply Assistance**
- **Financial Aid & Scholarships Info.**

MISSION VALLEY REGIONAL OCCUPATIONAL PROGRAM (MVROP)

Career Technical Education Funded by Fremont, New Haven & Newark Unified School Districts

Students Earn Community College, CSU or UC (a-g) Credits

5 Courses Are Taught on Site at WHS

Basic Car Care

Auto Technology 1

Auto Technology 2 (2-Hour)

Culinary Arts 1

Culinary Arts 2

Auto Body Painting & Refinishing 1 & 2

Automotive Technology 1 & 2

Careers in Education 1 & 2

Civil Engineering & Architecture (PLTW)

Computer Animation 1 & 2

Computer Science Principles/Digital Electronics (PLTW)

Construction Technology 1 & 2

Digital Video Arts Production 1 & 2

Emergency Medical Responder (EMR)

Fire Technology

Game Design/Interactive Media Arts 1 & 2

Law Enforcement/Homeland Security 1 & 2

Medical Assisting

Honors Medical Interventions/Biomedical Innovation (PLTW)

Music Production

Sound Design for Film and Video Games

Nursing Assistant

Principles of Biomedical Science/Human Body Systems (PLTW)

Sports Therapy 1 & 2

Pharmacy Technician

Median Earnings in 2018 by Education Level

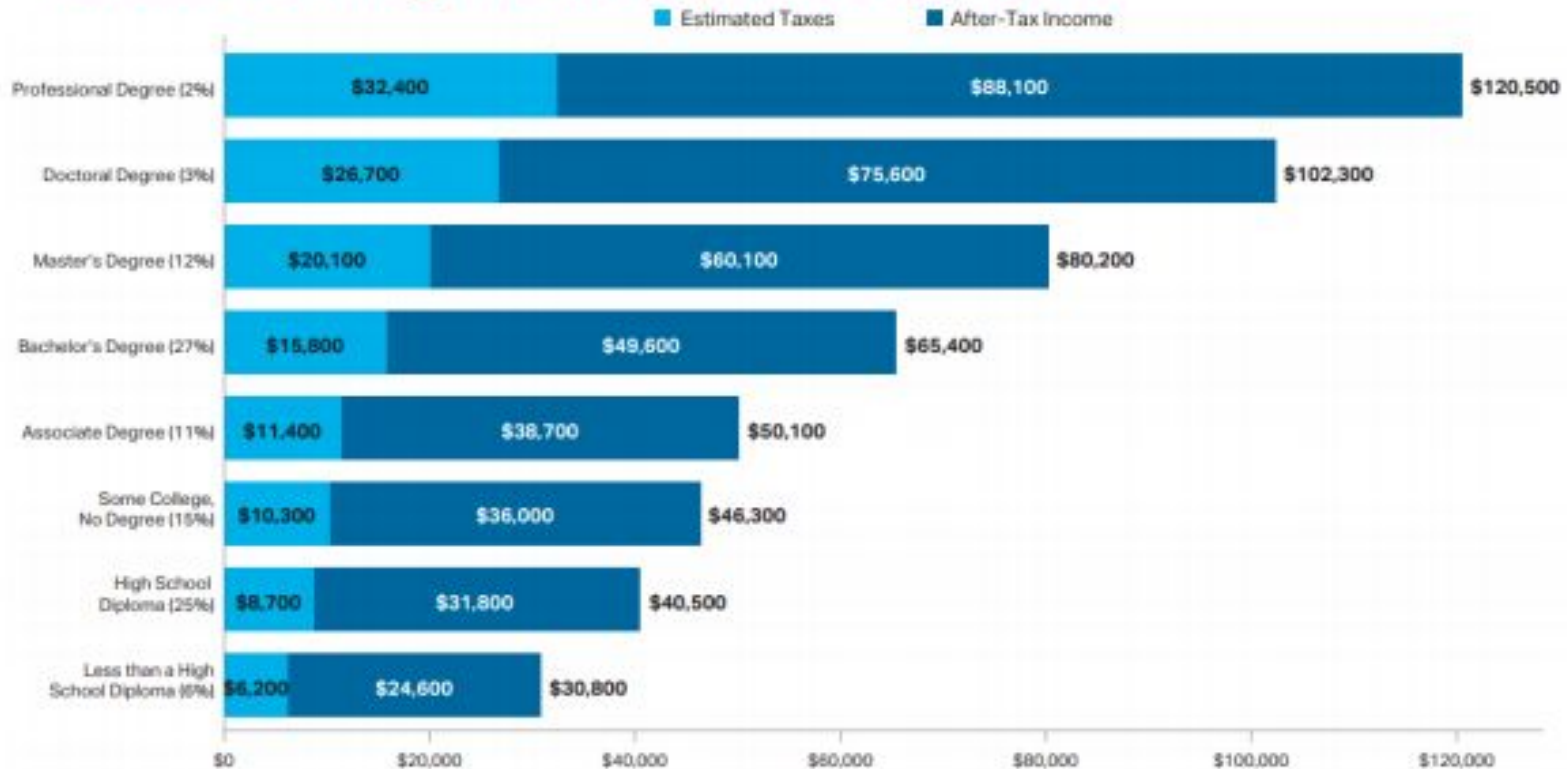


Figure 2.1, Median Earnings and Tax Payments of Full-Time Year-Round Workers Age 25 and Older, by Education Level, 2018. Education Pays, 2019. The College Board, Jennifer Ma, Matea Pender and Meredith Welch.

SOURCE: STANFORD UNIVERSITY DEPT. OF FINANCIAL AID OCTOBER 2021 PRESENTATION

COLLEGE ADMISSIONS EXAMS: SAT / ACT

- * UC regarding testing and admission: [Exam requirement | UC Admissions](#)

"UC will not consider SAT or ACT test scores when making admissions decisions or awarding scholarships. If you choose to submit test scores as part of your application, they may be used as an alternative method of fulfilling minimum requirements for eligibility or for course placement after you enroll."

- * CSU regarding testing and admission: [CSU Freshman Testing Requirements](#)

"A note for fall 2021 and fall 2022 first-time freshman: The California State University (CSU) has temporarily suspended the use of ACT/SAT examinations in determining admission eligibility for all CSU campuses for the 2021-2022 and 2022-2023 academic years. This temporary change of admission eligibility applies only for fall 2021, winter 2022, spring 2022, fall 2022, winter 2023, and spring 2023 admission cycles."

- * For other universities which are test-optional, check here at: [The National Center for Fair and Open Testing](#)
- * Community colleges do not require or accept SAT/ACT scores.
- * SAT subject tests have been discontinued by the College Board.
- * Test fee waivers are available for low-income 11th & 12th graders for the SAT (up to 2) and ACT (up to 4). The College & Career Center can assist with this.

How are applications reviewed by the UC now?

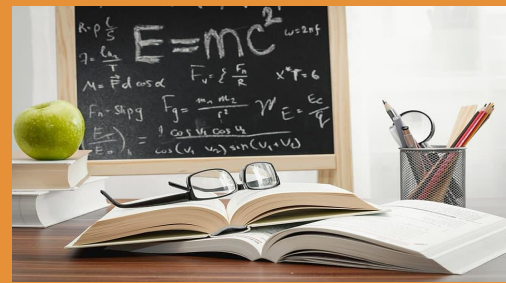
13 factors which are considered in the Comprehensive Review process:

[How applications are reviewed | UC Admissions](#)

1. Academic grade point average (GPA) in all completed A-G courses
2. Number of and performance in academic courses beyond the minimum A-G requirements
3. Number of and performance in UC-approved honors and advanced courses
4. Identification by UC as being ranked in the top 9 percent of class ([Eligible in the Local Context](#), or ELC)
5. Quality of your senior-year program
6. Academic performance relative to the educational opportunities available in your high school
7. Outstanding performance in specific subject areas
8. Outstanding work in special projects in any academic field of study
9. Improvement in academic performance
10. Special talents, achievements and awards in a particular field
11. Completion of special projects, events, or programs
12. Academic accomplishments in light of your life experiences and special circumstances
13. Location of your high school and residence

Each UC campus evaluates the application without knowing the status of the same application at another campus. One campus will not admit or deny based on the admission decision of another campus.

College Prep (a-g) Courses and Differential Grade Weight for GPA



- UC & CSU designated college preparatory courses at WHS are identified with an "a-g" marking based on the subject area in the FUSD High School Course Catalog. (See also slide #6 above.)
- UC & CSU have defined a number of advanced courses offered at WHS that receive an extra point added to the GPA when a student earns an A, B or C.
 - Advanced Placement (AP) courses
 - 3 additional courses: English 11H, Accelerated Algebra 2/Trig/PreCalculus, and Chemistry Honors.
- This list can be accessed at UC's [A-G Course List](#). Enter "Washington High School, Fremont, CA".
- How to calculate the GPA & Excel spreadsheet: [Calculating College Prep Weighted GPA \(schoolloop.com\)](#)
- The FUSD transcript does not report weighted GPAs; however, prospective colleges recalculate students' GPAs to include differential weighting. Private colleges vary in their definition of course weighting, so students must double check on the website of prospective colleges.

CSU APPLICATION PROCESS

Cal. State University (CSU) System

- Complete the Cal State Apply online application by November 30th (but some campuses have later deadlines): [Cal State Apply](#)
- Choose a campus/campuses among 23 in the state. Choose a major/program and an alternate major/program among 4100 in the university system.
- Consider applying to the CSU campus in your local area (East Bay) where you have a higher preference, and consider applying to a non-impacted campus and/or multiple campuses.
- The application fee is \$70 for each campus. Determined within the online application, applicants may be eligible for fee waivers up to 4 CSU campuses per application term (i.e., fall, spring).
- Grades are self-reported. Do not send official transcripts until you have been admitted and decided to register at that campus.
- Letters of recommendation and essays are not required or accepted. Interviews are not offered.
- Complete the FAFSA (or CADAA for undocumented students) separately to be considered for need-based and merit-based financial aid.

4 Parts: Complete in 2-4 hours of time.

- 1) **Personal Info**
Release statement, biographic info, contact info, citizenship & residency, race/ethnicity, parent/guardian info, other info, financial & parent info
- 2) **Academic History**
High school info, academic info, colleges attended, high school coursework, college coursework, standardized tests, a-g matching
- 3) **Program Materials**
Campus(es) and program(s)
- 4) **Supporting Info**
Educational programs participation, work experience, and extracurricular activities hours of participation and leadership. Apply to Educational Opportunity Program (EOP)? Yes/no



2021– 2022 STUDENT BUDGET UNDERGRADUATE STUDENTS

**TUITION & CAMPUS FEES (6.1 or more units)	\$7,852		
STANDARD STUDENT BUDGET ALLOWANCES	WITH PARENTS	CAMPUS HOUSING*	OFF CAMPUS
ROOM AND BOARD	\$9,754	\$16,986	\$18,521
TRANSPORTATION	\$1,261	\$1,076	\$1,208
MISCELLANEOUS / PERSONAL	\$2,514	\$2,057	\$2,767
BOOKS & SUPPLIES	\$1,087	\$1,087	\$1,087
UNDERGRADUATE TOTAL	\$22,468	\$29,058	\$31,435

SOURCE: STANFORD UNIVERSITY DEPT. OF FINANCIAL AID OCTOBER 2021 PRESENTATION

UC APPLICATION PROCESS

University of California (UC)

- Complete the UC Application online by November 30th: [UC Application](#)
- Complete only one application and consider applying to multiple campuses within.
- The application fee is \$70 for each campus. (Fee waivers automatically calculated up to 4 UC campuses.) Jot down your UC Application ID after payment.
- Grades are self-reported. Do not send official transcripts until you have been admitted.
- Letters of rec. are not accepted unless requested by a campus. Interviews are not offered.
- By January, each campus the student applied to will email about the campus' applicant portal for admission decisions and other info.

7 Parts:

- 1) **About you**
Personal info, contact info, citizenship & residency, demographics, background, household, and parent info
- 2) **Campuses & majors**
9 campuses, choose 1st choice major, "Undecided" or "Undeclared", and 2nd choice major, if applicable
- 3) **Academic history**
9th through 12th grades and college courses
- 4) **Test scores**
AP, SAT/ACT/Subject Tests (not required), IB, English Proficiency, etc.
- 5) **Activities & awards**
Up to 20 that demonstrate commitment, responsibility, leadership, and most of all, genuine interest
- 6) **Scholarships & programs**
Scholarships based on major, affiliation, ancestry, career plans, extracurricular activities & work experience, health & disabilities, school/geographic affiliation, etc. Must complete the FAFSA (or CADAA for undocumented students) to be considered.
- 7) **Personal insight questions**
Write 4 essays out of these 8 prompts and additional comments section

Berkeley Financial Aid & Scholarships

Living Arrangement for 2021-22:	Living in a Campus Residence Hall	Living in an On-Campus Apartment	Living in an Off-Campus Apartment	Living with Relatives
Tuition and Fees	\$14,226	\$14,226	\$14,226	\$14,226
Room and Board	\$18,456	\$14,730	n/a	n/a
Student Health Insurance Plan	\$3,788	\$3,788	\$3,788	\$3,788
Housing and Utilities	n/a	n/a	\$11,462	\$2,856
Food	\$1,616	\$3,920	\$4,646	\$3,926
Books and Supplies	\$1,118	\$1,118	\$1,118	\$1,118
Personal	\$1,854	\$1,854	\$1,792	\$2,150
Transportation	\$620	\$620	\$890	\$2,016
Total Expected Undergraduate Costs	\$41,678	\$40,256	\$37,922	\$30,080

SOURCE: STANFORD UNIVERSITY DEPT. OF FINANCIAL AID OCTOBER 2021 PRESENTATION



WESTERN UNDERGRADUATE EXCHANGE (WUE)



- WUE is the Western Undergraduate Exchange, a tuition reciprocity program coordinated by the Western Interstate Commission for Higher Education (WICHE). Through WUE, students in western United States may enroll in participating two-year and four-year *public* college programs at a reduced tuition level: up to 150% of the institution's regular resident tuition. In all cases, WUE tuition is considerably less than non-resident tuition. See here: [Welcome to Your WUE Savings Finder](#). Also double check the WUE-eligible programs on the website of the college.
- The top 7 states CA students study in: Arizona, Nevada, Colorado, Hawaii, Oregon, Idaho and Washington. Some popular WUE universities for CA students: Arizona State University, Oregon State University at Corvallis, Washington State University at Pullman, University of Nevada at Reno, and University of Hawaii at Manoa.

Arizona State U. Tuition

- Through WUE You'd Save: \$11,460
- **WUE: \$14,460**
- Resident: \$9,640
- Nonresident: \$25,920

Oregon State U. Tuition

- Through WUE You'd Save: \$15,112
- **WUE: \$15,233**
- Resident: \$10,155
- Nonresident: \$30,345

U. of NV, Reno Tuition

- Through WUE You'd Save: \$12,020
- **WUE: \$10,901**
- Resident: \$7,267
- Nonresident: \$22,921

WHS PROFILE

Graduation Requirements:

5 credits earned per class per semester

English	40
Mathematics (Must pass Algebra 1)	30
Social Studies	30
Science	20
Physical Education	20
Fine Arts/W.Lang/CTE	10
Health	5
Electives (units earned for this category may appear in other categories on transcript)	75
Total	230

Service Learning Requirement:

Adjusted to 20 hours

School Size: Approx. 1940; Seniors: 455

Counselor: Student Ratio: 1:485

Explanation of Grading System:

Grade	Percent	Range	Points
A	100-90%	Excellent	4
B	89-80%	Good	3
C	79-70%	Average	2
D	69-60%	Passing	1
F	59-0%	Failing	0

Schedule Information:

6—50 minute periods per day

(Tuesday's: Early Release)

49 minute periods on Tuesday's

4; 30 minute flex periods per week

Weeks in semester: 18

Number of Honors courses: 5

Number of Advanced Placement courses:
20

Weighting: No differential weighting given

Class Rank: No Ranking

Plan for the class of 2021	#	%
Community College	163	43.7
College - California public university	125	33.5
College - Public university outside California	19	5.09
College - California private university	17	4.5
College - Private university outside California	16	4.29
Other plans	15	4.
Begin career	8	2.
Military	8	2.
Trade school	2	.54
	373	100.00%

CEEB code: 050972

Accreditation:

Western Association of Schools and College

2021-2022

MEET WITH THE COUNSELOR OR THE COLLEGE AND CAREER SPECIALIST

Counseling Staff Contacts & Services

A - F: Mrs. Brahmst

G - L: Mrs. Tseng

M - R: Ms. Madrinan

S - Z: Mrs.
AVID Vera-Valdez

C&C Specialist: Mrs. Ponsen

→ DROP-IN:

- ◆ Review your counselor's drop-in hours

→ MAKE AN APPOINTMENT:

- ◆ Use the links posted on your counselor's Google Classroom or within their virtual office or on the WHS website



RESOURCES

WHS Counseling Department

[Counseling Staff Contacts & Services](#)

Teen Support Resources

[TEEN RESOURCES](#)

College Exploration

[CAColleges.EDU](#)

Career Exploration

[CA CAREER ZONE](#) | [BIG FUTURE](#)

SATs

[CollegeBoard.org](#)

ACTs

[ACT.ORG](#)

Financial Aid

[FAFSA](#) | [CA DREAM ACT](#) *for non-residents only*

Cal Grant

[CA GRANTS](#)

QUESTIONS?

