# FLEX Period: Frequently Asked Questions

### **Overall Expectations during Flex Time**

Q: What is the purpose of FLEX?

A: FLEX allows all students a chance to get extra support and expand their learning. This class period provides students with the flexibility to meet with teachers and other staff members during the school day. It gives all students time to get assistance with challenges, dive deeper into topics of interest, work on group projects, seek help with college and job applications, and much more.

Q: What if I don't go to FLEX period?

A: During the FLEX period all students are required to be in a classroom or other designated space used for FLEX. All students must be engaged in academic work the entire period.

Attendance for FLEX is mandatory, just like attendance for any other class. Cuts and tardies result in attendance consequences. Missing FLEX appointments with teachers may also result in lost opportunities to work on assignments, which could impact your grade in those classes.

Q: If a teacher or other WHS staff person makes an appointment for me, do I have to go?

A: Yes.

Q: How do I know if I have an appointment scheduled for me during FLEX?

A: Students must regularly check the Flex Time Web App at: <a href="https://teachmore.org/washington/students/">https://teachmore.org/washington/students/</a>

Q: Can I listen to music on my phone during FLEX?

A: Washington High School's Electronics Policies apply during FLEX, just like any other class.

Q: Will I get a grade for FLEX?

A: Students do not receive a separate grade for FLEX. Rather, FLEX provides a chance for students to get support and increase their learning, thus raising their grades in all of their classes.

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#### **How to use FLEX**

Q: What should I do if I don't need help with anything?

A: FLEX can be used for more than just review and make-ups. Students can use FLEX to study for tests, do homework, read, and much more. In addition, teachers will be offering enrichment activities.

Q: What should I do if I forgot my homework?

A: FLEX is to be used for academic tasks (e.g., study for tests, organize your binder, check School Loop, complete missing work, read newspaper articles, Newsela, Reading Plus, SAT prep, etc.). You need to find an academic use to fill the entire period each day.

Q: Can I work on a group project during FLEX? Does my whole group have to sign up for the same location?

A: **Yes,** you can work on group projects in a classroom (with the teacher's permission) or the cafeteria. Be sure that all group members sign up for the same location to ensure there is enough space for all of you.

Q: Can I go to the library during FLEX?

A: Ms. Norman, the WHS library teacher, will have offerings you can attend in the library if you are interested. The computer lab will be supervised by Ms. Andrews and is for quiet, independent computer work only. Please note that students must have a reservation and may not drop into the library. Tables and chairs will not be available for independent use, and this time cannot be used to check out or return books.

Q: Can clubs meet during FLEX?

A: **No.** Flex Time is an academic class period.

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### Locations

Q: Can I go to more than one classroom on the same day?

A: **No.** While you may work on tasks for another class, in order for the attendance system to work during FLEX, students must remain in the same place for the entire period.

Q: Can I sign up for PE classes during FLEX?

A: **No.** FLEX is not an open gym time.

Q: Can I work in a teacher's classroom if I don't have that teacher for a class?

A: In general, students should be in the classroom of one of their teachers. Students may work with a teacher they don't have this year with prior permission from the teacher.

### **Appointments**

Q: What if I forget to sign up for an appointment in advance?

A: The best way to ensure you get to go where you want to during Flex Time is to sign-up ahead of time (Go To: <a href="https://teachmore.org/washington/students/">https://teachmore.org/washington/students/</a>). If you forget to sign up, you will need to quickly find a classroom, with a current teacher on your schedule, in which to work before passing period ends, or else you will be sent to admin flex and marked tardy.

Q: Can I change an appointment after I have created it?

A: **Yes**. To edit the appointment, simply make a new appointment for the same day and the new appointment will replace the old one.

Q: Will the website (<a href="https://teachmore.org/washington/students/">https://teachmore.org/washington/students/</a>) work on my phone?

A: **Yes.** The website can be accessed using any web browser on a mobile device.

Q: My teacher signed me up for her class, but I really need to go somewhere else. What should I do?

A: Talk to the teacher who made the appointment. Teachers want to make FLEX work for you. We will do our best to help you share your time across all your different classes.